

Companies House

- for the record ---Company Name

BEAUMONTS HEALTH STORES LIMITED

Company Type
Private Company Limited By
Shares
Company Number
1711016
Information extracted from
Companies House records on
20th August 2005

list of activity codes.

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details



		CONIL Migres 11999-
Ref: 1711016/03/10	Current details	Amended details
> Registered Office Address If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Samuel Ryder House Townsend Drive Attleborough Fields Nuneaton Warwickshire CV11 6XW	Address UK Postcode
> Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held At Registered Office	Address
column.		UK Postcode
> Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	UK Postcode
> Principal Business Activities	SIC Code Description	SIC CODE Description
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	5227 Other retail food etc specialised	
> Please enter additional principal activity code(s) in "Amended details" column See notes for guidance for	n	

Company	Number -	171	1016
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Section 2: Details of Officers of the Company

•	Section 2: Details of Officers of the Company		
	Current details	Amended details	
If any of the details for this person are wrong, strike	Name Roger CRADDOCK LLB	Name	
correct details in the	Address Longmeadow House 52 Rosemary Hill Road Streetly Sutton Coldfield West Midlands B74 4HJ	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723 of the Companies Act 1985. Address	
Particulars of a new			
• •			
be notilied on form 200a.	1	UK Postcode	
		Date of change / /	
		Date Roger CRADDOCK LLB ceased to be secretary (if applicable)	
Director If any of the details for this	Name Peter Howard ALDIS	Name	
them through and fill in the correct details in the	Address Farmhouse Main Street Thornton Leicestershire LE67 1AH	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723 of the Companies Act 1985. Address	
	Date of birth 17/06/1964		
	Nationality Irish	UK Postcode	
	Occupation Managing Director	Date of birth / / Nationality	
288a.		Occupation	
		Date of change / /	
		Date Peter Howard ALDIS ceased to be director (if applicable)	
		Company Secretary If any of the details for this person are wrong, strike them through and fill in the cornect details in the "Amended details" column. Particulars of a new Company Secretary must be notified on form Particulars of a new Income details in the "Amended details" column. Director If any of the details for this person are wrong, strike them through and fill in the cornect details in the "Amended details" column. Address Farmhouse Main Street Thornton Leicestershire LE67 1AH Date of birth 17/06/1964 Nationality Irish Particulars of a new Director must be notified on form Particulars of a new Director must be notified on form Occupation Managing Director	

<u> </u>	Current details	Amended details
> Director If any of the details for this person are wrong, strike	Name Roger CRADDOCK LLB	Name
them through and fill in the correct details in the "Amended details" column.	Address Longmeadow House 52 Rosemary Hill Road Streetly Sutton Coldfield West Midlands B74 4HJ	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723 of the Companies Act 1985. Address
	Date of birth 07/01/1955	
	Nationality British	UK Postcode
Particulars of a new Director		Date of birth
must be notified on form	Occupation Solicitor	Nationality
288a.		Occupation
	:	Date of change / /
		Date Roger CRADDOCK LLB ceased to be director (if applicable)
	<u> </u>	11
Pirector If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Gillian Margaret DAY Address Our House 1 Meadow Brook Court Appleby Magna Derbyshire DE12 7AX	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723l of the Companies Act 1985. Address
	Date of birth 09/08/1948	
	Nationality British	UK Postcode
Particulars of a new Director must be notified on form	Occupation Director	Nationality
288a.		Occupation
		Date of change / /
		Date Gillian Margaret DAY ceased to be director (if applicable)
		11

Company Number - 1711		
	Current details	Amended details
> Director	Name Harvey KAMIL	Name ·
If any of the details for t person are wrong, strike them through and fill in correct details in the "Amended details" colu	the Address	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
	Date of birth 12/01/1944	
	Nationality American	UK Postcode
Particulars of a new Dir	Occupation Procident	Date of birth//
288a.		Occupation
	į	Date of change / /
	· { :	Date Harvey KAMIL ceased to be director (if applicable)
	;	1
> Director If any of the details for the person are wrong, strike		Name
them through and fill in correct details in the "Amended details" colu	the Address	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
		: <u></u>
	Date of birth 14/11/1953	
	Nationality Irish	UK Postcode
Particulars of a new Dir	ector Occupation Dissert	Date of birth / _ / /
must be notified on form	Occupation Director	Nationality
<i>288a.</i>		Occupation
	i	Date of change / /
		Date Martin Philip MORAN ceased to be director (if applicable)
		1

Company Number - 1711016		Section 2: Details of Officers of the Company (continued)	
	<u>; </u>	Current details	Amended details
>	Director If any of the details for this person are wrong, strike	Name Scott Allen RUDULPH	Name
person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address £25 Piping Rock Road Upper Brookville New York	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723E of the Companies Act 1985.	
		41545 U.S.A.	Address
		Date of birth 39/11/1957	
		Nationality American	UK Postcode
	Particulars of a new Director must be notified on form	Occupation Chairman	Date of birth / / Nationality
	288a.		Occupation
			Date of change 31 / 08 / 2005
			Date Scott Allen RUDOLPH ceased to be director (if applicable) 3 i / 08 / 2005
person are wrong them through and correct details in	If any of the details for this	Name Barry VICKERS	Name
	person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address Dunelm 18 Bramhall Close West Kirby Wirral CH48 8BP	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
		Date of birth 18/08/1938	
		Nationality British	UK Postcode
	Particulars of a new Director must be notified on form	Occupation Chief Executive Officer	Date of birth / /
	288a.		Occupation
			Date of change / /
			Date Barry VICKERS ceased to be director (if applicable)
			11

		Current details	Amended details
	Issued Share Capital This table shows the total number of shares that have been issued by your company and their Nominal	Class of share Ordinary	Class of share
		Nominal value of each share £1.00	Nominal value of each share
	Value. If any of the details are wrong, please fill in the correct details.	Number of shares issued 100	Number of shares issued
		Aggregate Nominal Value of issued shares £100.00	Aggregate Nominal Value of issued shares
>	Total shares issued and value If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Total number of shares issued	Total number of shares issued
		Total Nominal value of shares issued £100.00	Total Nominal value of shares issued

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

Company Number - 1711016

Section 4: Details of Shareholders

- . > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details	Amended details	Shares transferred
Shareholder Name HOLLAND & BARRETT RETAIL LTD	Name	:
	Address	
Address Samuel Ryder House Townsend Drive Attleborougl Fields Nuneaton	L	Shares transferred by HOLLAND & BARRETT RETAIL LTD
Warwickshire	UK Postcode	
CV11 6XW Shares held Class Number		Number Class Number Date of transfer
Ordinary 10	0 :	

Company Number - 1711016

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	registration
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address		į	
UK Postcode			
Name			
Address			
]
UK Postcode			



363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- If you want to change the made up date of this annual return, please

-	complete 2 below.	o mado ap	4000	io amida rotani, piedes
	Doolowskip			
	Declaration I confirm that the details in (shown at 2 below). I enc.			re correct as at the made-up-date
	Signature (Director /	Secretary)		Date 11 / 09 / 20 05 This date must not be earlier than the
	What to do now Complete this page then s declaration to the address			return date at 2 below Annual Return and the
2.	Date of this return			
V	This AR is made up to 11/9/2005	If you are please giv		his return up to an earlier date, e here
			_ /	/ -
		Note: The fo	orm must be	e delivered to CH within 28 days of this date
3.	Date of next return			
	•	date here:		e earlier than 11th September
			_ ,	,
4.	Where to send this Please return this form to:			
	Registrar of Companies Companies House Crown Way Cardiff CF14 3UZ	OR		For members of the Hays Document Exchange service DX 33050 Cardiff
	Have you enclosed the fareverse of the cheque?	iling fee wi	ith the co	empany number written on the
C	ontact Address			
You Con	-	ou if there i	is a query	
	ntact Name M.R., R., C.R. HOUC	ck	Telepho	one number <i>inc code</i>
Add	Iress		DX num	ber <i>if applicable</i>
	HOLLAND & BARRET		0	
	SAMUEL RYDER I TOWNSEND DRIV ATTLEBOROUGH NUNEATON	E	DX excl	nange
Pos	WARWICKSHIRE (stcode Tel: 02476 24440) Fax: 02476 32003	O .		