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COMPANIES FORM No. 288

Notice of change of directors or secretaries or in their particulars**288**Please do not
write in
this margin

Pursuant to section 288 of the Companies Act 1985

Please complete
legibly, preferably
in black type, or
bold block lettering

To the Registrar of Companies

For official use

Company number

[01317]

1621213

Name of company

* insert full name
of company

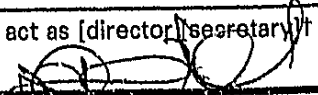
* THE COUNTRY MARKET LIMITED

§ specify the
change and
date thereof
and if this
consists of the
appointment of
a new director
or secretary
complete the
box below.
If this space is
insufficient use
a continuation
sheet.

notifies you of the following change(s):

Ø On 1st April 198 D.W.COX resigned as Director of
the Company and on the same date NADIR PYARALI LALANI
was appointed as director

Particulars of new director or secretary (see note 1)

Name (note 2 and 3) NADIR PYARALI LALANI		Business occupations MASTER GROCER
Previous name(s) (note 2)		Nationality§ BRITISH
Address (notes 3 and 4) Wildwoods, Theobalds Park Road, Enfield, Middlesex		Date of birth (where applicable) (note 5)§
Postcode		
Other directorships (note 6)§ SEE ATTACHED SHEET		
I consent to act as [director/secretary]† of the company named above		
Signature 		Date 1st April 198

§ Applicable to
directors only.† delete as
appropriate

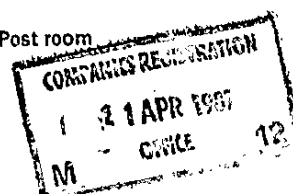
Continued overleaf

Presentor's name address and
reference (if any):BENNETTS & PARTNERS
72 New Cavendish Street,
London W1M 8AU

Ref LEVY/.

For official Use
General Section

Post room



Particulars of new director or secretary (see note 1) continued

Name (note 2 and 3)		Business occupation [§]
Previous name(s) (note 2)		Nationality [§]
Address (notes 3 and 4)		Date of birth (where applicable) (note 5) [§]
Postcode		
Other directorships (note 6) [§]		
I consent to act as [director] [secretary]† of the company named on page 1		
Signature		Date

§ applicable to directors only.

† delete as appropriate

number of continuation sheets attached (see note 7)

Signature

(Director)[Secretary]† Date

Notes

1 'Director' includes any person who occupies the position of a director, by whatever name called, and any person in accordance with whose directions or instructions the directors of the company are accustomed to act.

2. For an individual, his present christian name(s) and surname must be given, together with any previous christian name(s) or surname(s).

"Christian name" includes a forename. In the case of a peer or person usually known by a title different from his surname, "surname" means that title. In the case of a corporation, its corporate name must be given.

A previous christian name or surname need not be given if:—

(a) in the case of a married woman, it was a name by which she was known before her marriage; or

(b) it was changed or ceased to be used at least 20 years ago, or before the person who previously used it reached the age of 18; or

(c) in the case of a peer or a person usually known by a British title different from his surname, it was a name by which he was known before he adopted the title or succeeded to it

3 Where all the partners in a firm are joint secretaries, only the firm name and its principal office need be given.

Where the secretary or one of the joint secretaries is a Scottish firm, give only the firm name and its principal office.

4 Usual residential address must be given. In the case of a corporation, give the registered or principal office.

5 Date of birth need only be given if the company making the return is:—

- (a) a public company;
- (b) the subsidiary of a public company; or
- (c) the subsidiary of a public company registered in Northern Ireland

6 The names must be given of all bodies corporate incorporated in Great Britain of which the director is also a director, or has been a director at any time during the preceeding five years.

However a present or past directorship need not be disclosed if it is, or has been, held in a body corporate which, throughout that directorship, has been:—

(a) a dormant company (which is a company which has had no transactions required to be entered in the company's accounting records, except any which may have arisen from the taking of shares in the company by a subscriber to the memorandum as such).

(b) a body corporate of which the company making the return was a wholly-owned subsidiary;

(c) a wholly-owned subsidiary of the company making the return; or

(d) a wholly-owned subsidiary of a body corporate of which the company making the return was also a wholly owned subsidiary.

7 If the space overleaf is insufficient, the names and particulars must be entered on the prescribed continuation sheet(s).

Applicable to
Members only.

Name:
of :

NADIR PYARALI LALANI
"Wildwings"
Theobalds Park Road,
Enfield, Middlesex

(BRITISH)

LIST OF DIRECTORSHIPS

Europa Foods Limited
La Boucherie Limited
Salecastle Limited
Kivilight Limited
Food & Wine Lovers Limited
Europa Delicatessens Limited
Adminstore Limited
The Country Market Limited
London & Home Counties Superstores Limited
Lalani Group Buying Office Limited
AMPM Stores
Lalani Foods Limited
Trimeven Limited
Hampstead Food Fair Limited
Nolandgrand Limited
Maxefresh Limited
Maturescope Limited
Unisoy & By-Products Limited