

Company Registration No 1563856 (England and Wales)

A & R HOLDINGS LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2007

MICHAEL KAY
— & —
COMPANY

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A & R HOLDINGS LIMITED

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A & R HOLDINGS LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2007

| | Notes | 2007 £ | £ | 2006 £ | £ |
|---|-------|------------------|---|------------------|---|
| Fixed assets | | | | | |
| Tangible assets | 2 | 800,587 | | 800,881 | |
| Investments | 2 | 226,133 | | 245,388 | |
| | | <u>1,026,720</u> | | <u>1,046,269</u> | |
| Current assets | | | | | |
| Cash at bank and in hand | | 345,348 | | 309,948 | |
| Creditors, amounts falling due within one year | | <u>(57,481)</u> | | <u>(42,582)</u> | |
| Net current assets | | <u>287,867</u> | | <u>267,366</u> | |
| Total assets less current liabilities | | <u>1,314,587</u> | | <u>1,313,635</u> | |
| Capital and reserves | | | | | |
| Called up share capital | 3 | 265,000 | | 265,000 | |
| Revaluation reserve | | 654,636 | | 654,636 | |
| Profit and loss account | | <u>394,951</u> | | <u>393,999</u> | |
| Shareholders' funds | | <u>1,314,587</u> | | <u>1,313,635</u> | |

In preparing these financial statements

- (a) The director is of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985,
- (b) No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- (c) The director acknowledges his responsibilities for
 - (i) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
 - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

Approved by the Board and authorised for issue on 18 January 2008

R P Richards
Director



A & R HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2007

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention modified to include the revaluation of freehold land and buildings

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1.3 Turnover

Turnover represents rents receivable

1.4 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost or valuation less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows

| | |
|----------------|-------------------|
| Motor vehicles | 25% straight line |
|----------------|-------------------|

Investment properties are included in the balance sheet at their open market value

Although this accounting policy is in accordance with the applicable accounting standard, SSAP 19, Accounting for investment properties, it is a departure from the general requirement of the Companies Act 1985 for all tangible assets to be depreciated. In the opinion of the director compliance with the standard is necessary for the financial statements to give a true and fair view. Depreciation or amortisation is only one of many factors reflected in the annual valuation and the amount of this which might otherwise have been charged cannot be separately identified or quantified.

1.5 Investments

Fixed asset investments are stated at cost less provision for diminution in value

1.6 Group accounts

The financial statements present information about the company as an individual undertaking and not about its group. The company and its subsidiary undertaking comprise a small-sized group. The company has therefore taken advantage of the exemptions provided by section 248 of the Companies Act 1985 not to prepare group accounts.

A & R HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2007

2 Fixed assets

| | Tangible assets | Investments | Total |
|------------------------------------|----------------------------|--------------------|--------------|
| | £ | £ | £ |
| Cost or valuation | | | |
| At 1 April 2006 | 801,175 | 245,388 | 1,046,563 |
| Revaluation | - | (19,255) | (19,255) |
| | <hr/> | <hr/> | <hr/> |
| At 1 April 2006 & at 31 March 2007 | 801,175 | 226,133 | 1,027,308 |
| | <hr/> | <hr/> | <hr/> |
| Depreciation | | | |
| At 1 April 2006 | 294 | - | 294 |
| Charge for the year | 294 | - | 294 |
| | <hr/> | <hr/> | <hr/> |
| At 31 March 2007 | 588 | - | 588 |
| | <hr/> | <hr/> | <hr/> |
| Net book value | | | |
| At 31 March 2007 | 800,587 | 226,133 | 1,026,720 |
| | <hr/> | <hr/> | <hr/> |
| At 31 March 2006 | 800,881 | 245,388 | 1,046,269 |
| | <hr/> | <hr/> | <hr/> |

3 Share capital

| | 2007 | 2006 |
|---|-------------|-------------|
| | £ | £ |
| Authorised | | |
| 265,000 Ordinary shares of £1 each | 265,000 | 265,000 |
| | <hr/> | <hr/> |
| Allotted, called up and fully paid | | |
| 265,000 Ordinary shares of £1 each | 265,000 | 265,000 |
| | <hr/> | <hr/> |