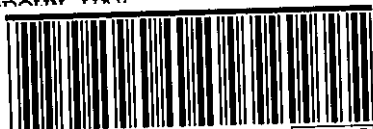




COMPANIES HOUSE

THE REGISTRAR OF COMPANIES  
COMPANIES HOUSE  
CRICKLEHART



A08 \*ATHJFAIA\* 366  
COMPANIES HOUSE 17/10/98

This form should be completed in black.

The information printed below is taken from Companies House records as at 26/06/98  
If this information requires amendment use the spaces opposite.

**Date of this return** (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
12	07	98

**Date of next return** (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

**Registered Office** (See note 3)

This is the address registered by Companies House.

JSA HOUSE  
110 THE PARADE  
WATFORD  
WD1 2GB

**Principal business activities** (See note 4)

Trade classification is  
9600 RESIDENTS PROPERTY MANAGEMENT

If the code cannot be determined from the notes, give a brief description of principal activity.

363s

**Annual Return**

of company number 01488845

J

company name  
MANTRA LIMITED

company type  
PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Day	Month	Year

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If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

## Register of members *(See note 5)*

The register is kept at

REGISTERED OFFICE

.....  
 .....  
 .....  
 .....

## Register of debenture holders *(See note 6)*

Any register of debenture holders (or duplicate) is kept at

.....  
 .....  
 .....  
 .....

## Company Secretary *(See note 7)*

Particulars of a new secretary **must** be notified on form 288.

CAROLYN JANE  
 PARMETER  
 8 HIGH POINT  
 HIGHGATE  
 LONDON  
 N6 4BA

Day	Month	Year

Date of any change.

.....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....

If this person has ceased to be secretary, please state when.

Day	Month	Year

Date of resignation.

## Directors *(See note 7)*

Particulars of a new director **must** be notified on form 288.

MARILYN FRANCES  
 ABRAHAMS  
 52 HIGHPOINT  
 HIGHGAITE  
 LONDON  
 N6 4AZ N6 4AZ

Day	Month	Year

Date of any change.

.....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....

Date of Birth:- 27/11/33

Nat: BRITISH

Occ: HOUSEWIFE

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

.....  
 .....  
 .....

If the information shown needs amendment, give details below and the date of any change.

## Directors - continued

### Particulars.

GORDON  
CECIL GUY  
17 HIGHPOINT  
NORTH HILL  
HIGHGATE  
LONDON N6 4BA

Date of Birth:- 05/11/24

Nat:BRITISH

Occ:RETIRED

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

### Particulars.

ANDRE  
KANITZ  
45 HIGH POINT  
NORTH HILL HIGHGATE  
LONDON  
N6 4BA

Date of Birth:- 16/02/21

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

ANDRE KANITZ LIMITED

### Particulars.

SIMON  
KESTER  
61 HIGH POINT  
NORTH HILL  
LONDON  
N6 4AZ

Date of Birth:- 13/05/24

Nat:BRITISH

Occ:EXECUTIVE

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

PNE FOODS INTERNATIONAL LIMITED

If the information shown needs amendment, give details below and the date of any change.

## Directors - continued

Particulars.

CAROLYN JANE  
~~PARMETER~~ PARMETER  
8 HIGHPOINT  
HIGHGATE  
LONDON  
N6 4BA

Date of Birth:- 05/06/65  
Nat:BRITISH  
Occ:CIVIL SERVANT

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year

Date of any change.

Day Month Year

Day	Month	Year

Date of resignation.

Particulars.

ADRIENNE HILARY  
PHILLIPS  
11 HIGH POINT  
HIGHGATE  
LONDON  
N6 4BA

Date of Birth:- 16/04/43  
Nat:BRITISH  
Occ:DIRECTOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year

Date of any change.

Day Month Year

Day	Month	Year

Date of resignation.

TAYLORS (WOOD GREEN) LIMITED  
INITIAL CURTAIN HIRE LIMITED

Particulars.

RONALD ALFRED  
PRICE  
FLAT L HIGHPOINT  
NORTH HILL  
HIGHGATE  
LONDON N6 4BA

Date of Birth:- 21/04/29  
Nat:BRITISH  
Occ:DIRECTOR GENERAL

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year

Date of any change.

Day Month Year

Day	Month	Year

Date of resignation.

ANGLO PORTUGUESE CHAMBER OF COMMERCE

If the information shown needs amendment, give details below and the date of any change.

## Directors - continued

### Particulars.

MAUREEN  
SOFIER  
54 HIGH POINT  
HIGHGATE  
LONDON  
N6 4AZ

Date of Birth:- 17/08/33

Nat:BRITISH

Occ:DIRECTOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

PANABROOK LIMITED  
SUELLMARK FINANCE LIMITED

### Particulars.

FRED SIMON  
WORMS  
23 HIGH POINT  
NORTH HILL HIGHGATE  
LONDON  
N6 4BA

Date of Birth:- 21/11/20

Nat:BRITISH

Occ:CO DIRECTOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

A.I. TRUSTEES LTD, B'NAI BRITH FOUNDATION LTD  
B'NAI BRITH HILIEL FOUNDATION LTD, FSW ADMINISTRATION LTD  
INDUSTRIAL DEVICES LTD, TUSSE NORTH WEST LTD  
MACCABI FOUNDATION, BISHOPSLIDGE SECURITIES LTD

### Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day Month Year

Day	Month	Year
-----	-------	------

Date of any change.

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

Day	Month	Year
-----	-------	------

Date of resignation.

**Issued Share Capital** (See note 8)

01488845

Enter details of all shares in issue at the date of this return.

Class  
(eg Ordinary/  
Preference etc.)

Number of  
shares issued

Aggregate  
nominal value

(ie Number of shares  
issued multiplied by  
nominal value per share)

ORDINARY	63	£ 63
Totals	63	£ 63

**List of past and present members**

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the  
appropriate box.

There were no changes in the period

☐

The last full members list was at 12/07/96

on paper

not on  
paper

A list of changes is enclosed

☐☐

A full list of members is enclosed

☒☐**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box.

☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of £ 15.

Cheques should be made payable  
to **Companies House**.

Signed

Secretary/Director \*

\*(delete as appropriate)

Date

12/10/98

This return includes 2 continuation sheets.

(enter number)

Please ensure that you have completed  
all sections on this page.

To whom should Companies House direct any enquiries  
about the information shown in this return?

Postcode

Telephone

Ext

1488845

**CONTINUED**

45	Mr & Mrs A Kanitz (from Mrs A H Kallman)
46	Mrs E V Samuels (from Mr J Samuels)
47	Mr T Rayak (from Mr & Mrs M Cassidy)
48	MR & Mrs A G Bowes (from Gainsville Limited)
51	Mr & Mrs P Greenwold (from Ms B A Hempstead)
52	Mr & Mrs G Abrahams (from Mr & Mrs W Tellerman)
53	Mr & Mrs D Williams
54	Mr & Mrs J Sofier
55	Mr & Mrs A M Weil
56	Mr & Mrs S Endfield
57	Mr & Mrs B H Taub (from Misses M D Coyle & F I Reakes)
58	Mrs A Stalbow
59	Mr & Mrs R Kermanshachi
60	Mrs E E Rosowsky
61	Mr & Mrs Kester
62	Mr & Mrs C J Weil
Penthouse	Nopadon Baholyodhin and Erez Yardeni (from S N Estates Limited)
Poolhouse	Mrs B Wonke-Hirko (from Mr & Mrs P Wonke)
G	Mr & Mrs D Griew
H	Mrs B Sidnick
L	Mr R A Price

63 Total

All shareholders are owners of leases of flats at Highpoint, Highgate, London. Their individual addresses are at the flat numbers listed above.

**MANTRA LIMITED****LIST OF SHAREHOLDERS AS AT 12TH JULY 1998****Flat**

1	AST BV Limited & Iouri Vassiliev (from Mr & Mrs H Kaufman)
2	Mr M Williams
3	Mr & Mrs P Hockley
5	Mr & Mrs C Lumsdon (from Mrs N L Pearlman)
6	Mrs R L Davis (from Mr & Mrs P Lillitos)
7	Mrs D H Earling
8	Dr David Rowley and Ms Carolyn Parmeter
9	Mr & Mrs P Anderson (from Mr & Mrs D Barron/Mrs E Cullum)
10	Estate of Miss B A Conway (from Mr & Mrs B S Rabin)
11	Mr & Mrs L Phillips
12A	Mrs F Landau (from Mr & Mrs W Landau)
14	Miss L Thomas (from Sir Geoffrey Jellicoe)
15	Mr & Mrs D Scheiner
17	Mr & Mrs C Gordon (from Dr D C Shove)
18	Mrs M L Watkins (from Mr P Hooper)
19	Mrs R Claesen (from Mr & Mrs S D Barber)
20	Mr F S Worms (from Mrs M L Watkins)
21	Kirbybrook Limited (from Mrs S Samuels)
21A	Ms D M Biscoe (from Mr M A Brett)
22	Mrs K Andreis (original share cancelled)
23	Mrs D Worms (from Mr J Bergman)
23A	Mrs D Worms (from Mr J Bergman)
24	Avarina Miller (from Mr L Stone)
25	The Rev. T & Dr K Dalton
26	Ashurst Limited (from Mrs Von Saxe)
27	Mr & Mrs N Roofeh (from Mrs S Waller)
28	Mr G Forbes (from Valeri Ouvarov and Irina Ouvarova)
29	Mrs D Ryness-Hirsch (from Mrs G Ryness)
30	Mr R Bernstein (from Mrs H Bernstein)
31	Mr & Mrs P Manheim
32	Franceska Giannisi
34	Miss A Maddock (from Mr & Mrs R M Cushman)
35	Mrs A Taylor
36	Mr & Mrs A Kanitz
37	Mr & Mrs Anson
38	Z Sandler & T Rogers (from Mr & Mrs P Raphael/Mr & Mrs J Sandler)
39	Mrs M Smetana
40	Mr M V Erbman (nominee for Sunking Settlement)
41	Dr & Mrs A Phillips
42	Mr P Benjamin (from Mr & Mrs A Klar)
43	Mr & Mrs J Zukas
44	Mrs P M Williams