



COMPANIES HOUSE

Please complete in typescript,  
or in bold black capitals.

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

1488845

Company Name in full

MANTRA LIMITED



\*F288A018\*

Date of appointment Day Month Year  
03 09 97

†Date of Birth Day Month Year

### Appointment form

Appointment as director

☐

as secretary

☒

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

MS

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

CAROLYN JANE

Surname

PARMETER

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

8 HIGH POINT

Post town

HIGHGATE

Postcode

N6

County / Region

LONDON

Country

ENGLAND

†Nationality

†Business occupation

†Other directorships  
(additional space overleaf)

I consent to act as ~~director~~ secretary of the above named company

Consent signature

*[Signature]*

Date

5/9/97

\* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

*[Signature]*

Date

5/9/97

\*\* Please delete as appropriate

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

Tel	
DX number	DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



A20 \*AJKXL050\* 644  
COMPANIES HOUSE 09/10/97

Form.

**Company Number**

† Directors only.

† Other directorships

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.