



COMPANIES HOUSE

Please complete in typescript,  
or in bold black capitals.

# 288a

## Appointment of director or secretary

Company Number

01450484

Company Name in full

M6 CASH & CARRY LIMITED



\*F288A018\*

Date of appointment Day Month Year  
19 06 96

†Date of Birth Day Month Year  
19 01 51

### Appointment form

Notes on completion  
appear on reverse.

Appointment as director



as secretary



Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

MR

\*Honours etc

Forename(s)

MICHAEL JOHN

Surname

RUSSELL

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

HOLLY COTTAGE, THE OLD ORCHARD

Post town

CALCOT, READING

Postcode

RG31 7RF

County / Region

BERKS

Country

ENGLAND

†Nationality

BRITISH

†Business occupation

ACCOUNTANT

†Other directorships  
(additional space overleaf)

MARK-ONE (OXFORD STREET) PLC

I consent to act as \*\* director / ~~secretary~~ of the above named company

Consent signature

*Michael Russell*

Date

19.06.96

\* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

*Michael Russell*

Date

19.6.96

\*\* Please delete as appropriate

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

R G B LAMB

86 BUSHEY ROAD, RAYNES PARK, LONDON

SW20 0JJ

Tel 0181 971 1686

DX number

DX exchange



EDX \*EASUB00L\* 56  
COMPANIES HOUSE 22/6/96

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.