ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2006

Charity Number: 291433 Company Number: 1449394





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REFERENCE AND ADMINISTRATIVE INFORMATION AS AT 30 SEPTEMBER 2006

Registered Numbers:

Charity

291433

Company 1449394

Members of the Council:

C Basker

Dr P A Hills Ph.D

C Horsnell R A Jacklin Mrs P E Jones

Dr R Woodd-Walker

Company Secretary:

Mrs M Hall

Registered Office:

44 East Stockwell Street

Colchester CO1 1SR

Reporting Accountant:

John Woodman

Chartered Accountant 3 Cadman House off Peartree Road Colchester CO3 0NW

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REPORT OF THE COUNCIL OF MANAGEMENT

The Members of the Council present their twenty second annual report together with the unaudited financial statements for the year ended 30 September 2006 and incorporating the reference and administrative information on Page 1.

Structure Governance and Management

The charity was incorporated as a company limited by guarantee on 19 September 1979 and granted charitable status by the Charity Commission on 2 May 1985. Its governing document is its Memorandum and Articles of Association, under which the Members of the Council of Management constitute the Charity's Trustees.

The Members of the Council throughout the year to 30 September 2006 were as follows:-

C Basker
Dr P A Hills Ph.D
C Horsnell
R A Jacklin
Mrs P E Jones
Dr R Woodd-Walker

New Trustees would be recruited by the Members of the Council for their skills and experience relevant to the Charity's work.

Objectives, Activities and Performance

The company is concerned with the administration of The Stockwell Centre, which provides consultation and treatment for patients suffering from psychological or emotional disorders, and educational courses in psychodynamic principles and their application in professional practice. The provision of the premises has enabled some 6,283 contact hours by the professionals working through The Stockwell Centre during the year to 30 September 2006 (2005: 5,702); the group room was used as such on a semi-regular basis.

Financial Review

For the year to 30 September 2006, the charity's unrestricted income exceeded expenditure by £13,683 (2005: £9,453) before the charge of £5,292 (2005: £5,245) mortgage interest. Net income of £1,000 was transferred to the Centre Bursary Fund and the remaining £7,391 (2005: £3,208) was transferred to the income and expenditure account.

The statement of financial activities shown on Page 5 sets out the incoming and outgoing resources for the year. The council welcomes the continuing commitment of Colchester Catalyst Charity in enhancing the Bursary Fund capacity, within the restricted funds.

The financial statements do not include an evaluation of the voluntary contribution made to the running of the Stockwell Centre by its members. The Council of Management recognise and appreciate this contribution of their time.

Reserves

The balance on unrestricted funds at 30 September 2006 totals £98,366 (2005: £90,975). Included in this is the company's equity in the freehold property amounting to £80,641 (2005: 77,354) on balance sheet values. The company carries free reserves at 30 September 2006 of £17,725 (2005: £13,621); these now represent 20 weeks of unrestricted fund expenditure, including servicing the mortgage (2005: 15 weeks). This improvement is welcomed by the Council of Management whose policy is to carry free reserves for the purpose of funding working capital, including planned expenditure on the property, for which they regard a total of 26 weeks of unrestricted fund expenditure as a reasonable target level.

REPORT OF THE COUNCIL OF MANAGEMENT - continued

Future Developments

The long term desire remains to raise capital to enable the indebtedness of the Centre to be reduced, specifically a reduction in mortgage repayments is sought; and also to build up the funds for bursaries.

Statement of responsibilities

Company law requires the Members of the Council to prepare financial statements for each financial year which give a true and fair view of the state of the company's affairs and of the result for the year.

In preparing those financial statements, the Members of the Council are required to:-

- * select suitable accounting policies and apply them consistently.
- * make judgements and estimates that are reasonable and prudent.
- * state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- * prepare the financial statements on the going concern basis unless it is inappropriate that the company will continue in business.

The Members of the Council are responsible for:-

- * keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 1985.
- * safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Council of Management

A. Delword-Weller.

Dr R Woodd-Walker

27 November 2006

ACCOUNTANT'S REPORT ON THE UNAUDITED ACCOUNTS

I report on the financial statements for the year ended 30 September 2006 set out on Pages 5 to 10.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND REPORTING ACCOUNTANT

As described on Page 3, the Members of the Council are responsible for the preparation of the financial statements. They consider that the Company is exempt from an audit. It is my responsibility to carry out procedures designed to enable me to report my opinion.

BASIS OF OPINION

My work was conducted in accordance with the Statement of Standards for Reporting Accountants and so my procedures consisted of comparing the financial statements with the accounting records kept by the Company and making such limited enquiries of the officers of the Company as I considered necessary for the purpose of this report. These procedures provide only the assurance expressed in my opinion.

OPINION

In my opinion:-

- the financial statements are in agreement with the accounting records kept by the Company under Section 221 of the Companies Act 1985;
- (b) having regard only to, and on the basis of, the information contained in those accounting records:
 - (i) the financial statements have been drawn up in a manner consistent with the accounting requirements specified in Section 249C(6) of the Act; and
 - (ii) The Company satisfied the conditions for exemption from an audit of the financial statements for the year specified in Section 249A(4) of the Act as modified by Section 249A(5) and did not, at any time within that year, fall within any of the categories of Companies not entitled to the exemption specified in Section 249B(1).

JOHN WOODMAN BSc FCA Chartered Accountant

27 November 2006

3 Cadman House off Peartree Road Colchester CO3 0NW

STATEMENT OF FINANCIAL ACTIVITIES YEAR ENDED 30 SEPTEMBER 2006

	Note	Unrestricted funds £	Restricted funds	Totai 2006 £	Total 2005 £
INCOMING RESOURCES					
Incoming resources from charitable activities:			_		
Consulting room rents		30,212	0	30,212	28,745
Bursary fund income	8	0	3,790	3,790	3,390
Contract fees		18,955	0	18,955	13,868
Film club and book sales		_99	0	99	72
Courses and lectures		240	0	240 53,296	<u>0</u> 46,075
		49,506	3,790	53,290	46,075
Incoming resources from generated funds:		564	0	564	517
Activities for generating funds		795	0	795	810
Centre members' subscriptions		795 582	0	582	34
Bank interest		51,447	3,790	55,237	47,436
Total incoming resources		31,777			
RESOURCES EXPENDED					
Charitable activities:			0	22.010	25 420
Provision of consulting rooms	9	22,910	0	22,910	25,130
Bursary fund grants		0	4,212	4,212	3,043
Contract fees passed on		18,955	0	18,955 143	13,868 33
Courses and lectures		143	0	750	
Governance costs	10	750	0	750 298	950 0
Other resources expended	11	298	$\frac{0}{4,212}$	47,268	43,024
Total resources expended		43,056	4,212	47,200	43,024
NET INCOMING/(OUTGOING) RESOURCES	5	8,391	-422	7,969	4,412
TRANSFER BETWEEN FUNDS	8	<u>-1,000</u>	1,000	0	0
NET MOVEMENT IN FUNDS		7,391	578	7,969	4,412
TOTAL FUNDS at 1 October 2005		90,975	3,731	94,706	90,294
TOTAL FUNDS at 30 September 2006		£ 98,366	£ 4,309	£ 102,675	£ 94,706
-			[Note 8]	 -	

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes comprises the net incoming resources for the year and was £7,969 (2005: £4,412).

The notes on Pages 7 to 10 form part of these financial statements

BALANCE SHEET AS AT 30 SEPTEMBER 2006

	Note	Unrestricted Funds £	Restricted Funds £	Total 2006 £	Total 2005 £
FIXED ASSETS					
Tangible assets	3	160,759	0	160,759	161,125
CURRENT ASSETS					
Cash		5	0	5	69
Bank balances		17,121	4,309	21,430	16,333
Debtors and prepayments	4	2,832	0	2,832	2,742
		19,958	4,309	24,267	19,144
CREDITORS: amounts falling due within one year	5	7,107	0	7,107	6,868
NET CURRENT ASSETS		12,851	4,309	17,160	12,276
TOTAL ASSETS LESS CURRENT LIABILITIES		173,610	4,309	177,919	173,401
CREDITORS: amounts falling due after more than					
one year	7	75,244	0	75,244	78,695
TOTAL NET ASSETS		£ 98,366	£ 4,309	£ 102,675	£ 94,706
THE FUNDS OF THE CHARITY					
Restricted income funds - specific reserves	8	0	4,309	4,309	3,731
Unrestricted income funds - income and expenditure account		98,366	0	98,366	90,975
moonie and expenditure addeding		£ 98,366	£ 4,309	£ 102,675	£ 94,706

For the financial year ended 30 September 2006, the company was entitled to exemption from audit under Section 249A(2) Companies Act 1985; and no notice has been deposited under Section 249B(2). The Council of Management acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with Section 221 of the Act and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the year and of its surplus or deficit for the financial year in accordance with requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the Company.

Signed on behalf of the Council of Management

Member of the Council

RGG. Gord- Udhn.

Approved by the Council of Management on 27 November 2006 and signed on their behalf by Dr R Woodd-Walker

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 30 SEPTEMBER 2006

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005), applicable accounting standards and the Companies Act 1985.

(b) Fund accounting

- * Unrestricted funds are available for use at the discretion of the Council of Management in furtherance of the general objectives of the charity.
- * Restricted funds are subjected to restrictions on their expenditure imposed by the donor, or contained in the terms of a grant.

(c) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- * Consulting room rents are included by reference to the month to which they relate. Restricted grants are recognised on receipt. Gift Aid recoveries on donations from individuals (including through fundraising) are recognised in the same period as the donation.
- * Donated services and facilities are included at their value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these financial statements.
- Investment income is included when receivable and comprises bank interest.

(d) Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes non-recoverable VAT, and is reported as part of the expenditure to which it relates:

- * Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.
- * Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charitable company; this includes the preparation and examination of this annual report and financial statements, and any costs linked to the strategic management of the charity.

(e) Tangible fixed assets

Provision for depreciation of the freehold property is not considered by the Members of the Council to be necessary as the estimated useful life exceeds fifty years. It is the company policy to have its property maintained in good condition, which prolongs its useful life and any depreciation arising would not be material.

Depreciation is provided on furniture and office equipment at 15% per annum on cost in order to write the assets off over their anticipated lives.

(f) Taxation

As a charity, the company is exempt from tax on income and gains falling within Sec 505 of the Taxes Act 1998 or Sec 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

NOTES TO THE FINANCIAL STATEMENTS (continued) YEAR ENDED 30 SEPTEMBER 2006

•	OPERATING SURPLUS
	OPERALING SONFLOS

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The operating surplus is stated after charging:		2005
	£	£
Directors' remuneration	0	0
Depreciation of tangible fixed assets	366	509
Staff Costs	10,098	8,195
Reporting accountant's remuneration	720	935

TANGIBLE FIXED ASSETS	Furniture and office Freehold equipment property Total \pounds \pounds
Cost	
At 1 October 2005	14,726 159,090 173,816
Changes in year	00
At 30 September 2006	14,726 159,090 173,816
Depreciation	
At 1 October 2005	12,691 0 12,691
Provision for year	<u>366</u> <u>0</u> <u>366</u>
At 30 September 2006	13,057 0 13,057
Net book values	
At 30 September 2006	£ 1,669 £ 159,090 £ 160,759
At 30 September 2005	£ 2,035 £ 159,090 £ 161,125
DEBTORS AND PREPAYMENTS	2005
	£ £
Debtors: Membership fees	90 150
Room rentals	2,304 2,205
Contract fees	60 0

CREDITORS:

Prepayments of expenses

Gift Aid tax claim

AMOUNTS FALLING DUE WITHIN ONE YEAR		2005
APIOONI DI TILLETTO DE CONTRA DE CON	£	£
Trade creditors and accrued expenses	997	937
Income received in advance: subscriptions	405	390
Bank mortgage (see Note 6)	5,705	5,541
built mortgage (see note s)	£ 7,107	£ 6,868

100

2,742

0

2,832

BANK MORTGAGE

The bank mortgage is secured by a fixed charge on the company's freehold property. It is repayable by September 2020, as follows:-

			2005
	£		£
Amount falling due within one year	5,705		5,541
Amount falling due after more than one year	72,744	_	76,195
,	£ 78,449	£	81,736
		=	

NOTES TO THE FINANCIAL STATEMENTS (continued) YEAR ENDED 30 SEPTEMBER 2006

7 CREDITORS:

AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR	200		
	£	£	
Bank mortgage (see Note 6)	72,744	76,195	
Private loans that do not bear interest	0.500		
and for which no repayment dates are set	<u>2,500</u>	2,500	
	£ <u>75,244</u>	£ 78,695	

These interest free private loans of £2,500 are the residue of monies (originally £30,000) owed to the estate of the late Dr D Paulley. Previous negotiations with Dr Paulley's family for a reduction of the loan secured by a second charge she had on the company's freehold property have been inconclusive. If not concluded satisfactorily the company could have a further contingent liability on the sale of the property (an event not currently planned for by the Members of the Council). The Members of the Council have made the Charity Commissioners aware of this matter.

8 RESTRICTED FUNDS

Movements on restricted bursary funds over the year comprise:

	Colchester	Centre		
	Catalyst	Bursary	Total	Total
	Charity	Fund	2006	2005
	£	£	£	£
Balance at 1 October 2005	1,222	2,509	3,731	2,384
Income	3,155	635	3,790	3,390
Transfer from unrestricted funds	0	1,000	1,000	1,000
Bursary applications	-3,172	-1,040	-4,212	-3,043
Balance at 30 September 2006	£ 1,205	£ 3,104	£ 4,309	£ 3,731

Applications are made from the Bursary Funds to assist in the funding of courses of therapy at the Centre which the client would not otherwise be able to pay for in full.

The Members of the Council have resolved to transfer £1,000 each year into the Centre Bursary Fund out of their unrestricted funds.

9 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

RESOURCES EXILENSES ON GUMBING TO	Unrestricted funds	Restricted funds	Total 2006	Total 2005
	£	£	£	£
Provision of consulting rooms through administration	1			
of the Stockwell Centre:				
property expenses	4,670	0	4,670	8,703
mortgage interest	5,292	0	5,292	5,245
office salaries	10,098	0	10,098	8,195
office expenses	2,067	0	2,067	2,189
bad debts	90	0	90	30
bank charges	327	0	327	259
depreciation	366	0	366	509
acpi caution	£ 22,910 £	£	22,910	£ 25,130

NOTES TO THE FINANCIAL STATEMENTS (continued) YEAR ENDED 30 SEPTEMBER 2006

10 GOVERNANCE COSTS

Reporting accountant's remuneration	720	0	720	935
Companies House fee	30	0	30	15
Companies riouse ise	£ 750 £	0	£ 750	£ 950

11 OTHER RESOURCES EXPENDED

In July 2006 the charity celebrated the 30th anniversary of the founding of the Stockwell Centre by hosting an anniversary lunch.