ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2004

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COMPANIES HOUSE 04/03/05

Charity Number: 291433 Company Number: 1449394

LEGAL AND ADMINISTRATIVE DETAILS AS AT 30 SEPTEMBER 2004

Registered Numbers:

Charity 291433

Company 1449394

Members of the Council:

Miss J I Fulford

Dr P A Hills Ph.D

R A Jacklin Mrs P E Jones

Dr R Woodd-Walker

Company Secretary:

Mrs M Hall

Registered Office:

44 East Stockwell Street

Colchester CO1 1SR

Reporting Accountant:

John Woodman

Chartered Accountant 3 Cadman House off Peartree Road Colchester CO3 0NW

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REPORT OF THE COUNCIL OF MANAGEMENT

The Members of the Council present their twenty first annual report together with the unaudited financial statements for the year ended 30 September 2004 and incorporating the legal and administrative details on Page 1.

Status and governing document

The charity was incorporated as a company limited by guarantee on 19 September 1979 and granted charitable status by the Charity Commission on 2 May 1985. Its governing document is its Memorandum and Articles of Association.

Principal activity

The company is concerned with the administration of The Stockwell Centre, which provides consultation and treatment for patients suffering from psychological or emotional disorders, and educational courses in psychodynamic principles and their application in professional practice. The provision of the premises has enabled some 4,485 contact hours by the professionals working through The Stockwell Centre during the year to 30 September 2004 (2003: 3,330); the group room was used as such on a weekly basis.

Future developments

Modifications to the premises to comply with the requirements of the Disability Discrimination Act are being planned. The long term desire remains to raise capital to enable the indebtedness of the Centre to be reduced, specifically a reduction in mortgage repayments is sought; and also to build up the funds for bursaries.

Members of the Council

The Members of the Council throughout the year to 30 September 2004 were as follows:-

Miss J I Fulford Dr P A Hills Ph,D R A Jacklin Mrs P E Jones Dr R Woodd-Walker

Financial results

For the year to 30 September 2004, the charity's unrestricted income exceeded expenditure by £11,035 (2003: £4,742) before the charge of £4,412 (2003: £4,355) mortgage interest. Net income of £6,623 (2003: £387) was transferred to the income and expenditure account, and this covered the reduction in the mortgage commitment of £3,307 over the year (2003: £3,424 with the balance coming out of reserves).

Statement of financial activities

The statement of financial activities shown on Page 5 sets out the incoming and outgoing resources for the year. The council welcomes the continuing commitment of Colchester Catalyst Charity in enhancing the Bursary Fund capacity, within the restricted funds.

The improvement in financial results for the year is largely attributed to increased room usage due to the company attracting new counsellors, who had previously used another facility in the town, which closed during this year.

The financial statements do not include an evaluation of the voluntary contribution made to the running of the Stockwell Centre by its members. The Council of Management recognise and appreciate this contribution of their time.

REPORT OF THE COUNCIL OF MANAGEMENT - continued

Fixed assets

There were no significant movements in fixed assets during the year.

Reserves

The balance on unrestricted funds at 30 September 2004 totals £87,767 (2003: £81,144). With the company's equity in the freehold property amounting to £85,287 (2003: £81,980) on balance sheet values, the company carries free reserves at 30 September 2004 of £2,480 (2003: £836 deficit). This improvement is welcomed by the Council of Management whose policy is only to carry free reserves for the purpose of funding working capital.

Statement of responsibilities

Company law requires the Members of the Council to prepare financial statements for each financial year which give a true and fair view of the state of the company's affairs and of the result for the year.

In preparing those financial statements, the Members of the Council are required to:-

- * select suitable accounting policies and apply them consistently.
- * make judgements and estimates that are reasonable and prudent.
- * state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- * prepare the financial statements on the going concern basis unless it is inappropriate that the company will continue in business.

The Members of the Council are responsible for:-

- * keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 1985.
- * safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Council of Management

Dr P A Hills

10 January 2005

ACCOUNTANT'S REPORT ON THE UNAUDITED ACCOUNTS

I report on the financial statements for the year ended 30 September 2004 set out on Pages 5 to 9.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND REPORTING ACCOUNTANT

As described on Page 3, the Members of the Council are responsible for the preparation of the financial statements. They consider that the Company is exempt from an audit. It is my responsibility to carry out procedures designed to enable me to report my opinion.

BASIS OF OPINION

My work was conducted in accordance with the Statement of Standards for Reporting Accountants and so my procedures consisted of comparing the financial statements with the accounting records kept by the Company and making such limited enquiries of the officers of the Company as I considered necessary for the purpose of this report. These procedures provide only the assurance expressed in my opinion.

OPINION

In my opinion:-

- (a) the financial statements are in agreement with the accounting records kept by the Company under Section 221 of the Companies Act 1985;
- (b) having regard only to, and on the basis of, the information contained in those accounting records:
 - the financial statements have been drawn up in a manner consistent with the accounting requirements specified in Section 249C(6) of the Act; and
 - (ii) The Company satisfied the conditions for exemption from an audit of the financial statements for the year specified in Section 249A(4) of the Act as modified by Section 249A(5) and did not, at any time within that year, fall within any of the categories of Companies not entitled to the exemption specified in Section 249B(1).

JOHN WOODMAN BSc FCA Chartered Accountant

11 January 2005

3 Cadman House off Peartree Road Colchester CO3 0NW

STATEMENT OF FINANCIAL ACTIVITIES YEAR ENDED 30 SEPTEMBER 2004

	Note	Unrestricted funds £	Restricted funds £	Total 2004 £	Total 2003 £
INCOMING RESOURCES					
Activities in furtherance of the Charity's objects:					
Consulting room rents		24,328	0	24,328	18,867
Bursary fund income	8.2	0	2,100	2,100	162
Contract fees		10,593	0	10,593	6,858
Group fees		419	0	419	1,117
Film club and book sales		81	0	81	369
Courses and lectures		651	0	651	1,064
Centre members' subscriptions		810	0	810	855
		36,882	2,100	38,982	29,292
Activities for generating funds		537	0	537	1,467
Donations		470	0	470	0
Bank interest		<u>24</u>	0	24	28
Total incoming resources		37,913	2,100	40,013	30,787
RESOURCES EXPENDED Costs of activities in furtherance of the Charity's objects Grants payable in furtherance of the	10	30,262	213	30,475	29,408
Charity's objects	8.2	0	2,270	2,270	926
Management and administration of the Charity	11	1,028	0	1,028	882
Costs of generating funds		0	0	0	161
Total resources expended		31,290	2,483	33,773	31,377
NET INCOMING/(OUTGOING) RESOURCES		6,623	-383	6,240	-590
BALANCES at 1 October 2003		81,144	2,910	84,054	84,644
BALANCES at 30 September 2004		£ 87,767	£ 2,527 [Note 8.1]	£ 90,294	£ 84,054

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes comprises the net incoming resources for the year and was £6,240 (2003: net outgoing £590).

The notes on Pages 7 to 9 form part of these financial statements

DALANCE CHEET

BALANCE SHEET AS AT 30 SEPTEMBER 2004

	Note			2003
		£	£	£
FIXED ASSETS				
Tangible assets	3		159,469	159,446
CURRENT ASSETS				
Cash		28		2
Bank balances		11,098		8,230
Debtors and prepayments	4	3,014		2,002
	,	14,140		10,234
CREDITORS: amounts falling due within one year	5	7,652		6,525
NET CURRENT ASSETS	,		6,488	3,709
NET ACCETC			105.057	440.455
NET ASSETS			165,957	163,155
CREDITORS: amounts falling due after more than one year	7		75,663	79,101
Title I amount in ining due and more than one year	,	1	90,294	£ 84,054
		2		1 04,034
CAPITAL AND RESERVES				
Restricted Funds - specific reserves	8.1		2,527	2,910
Unrestricted Funds - income and expenditure account	0.1		87,767	•
officed ratios - alcome and expenditure account		1	90,294	81,144
		2	=======================================	£84,054

For the financial year ended 30 September 2004, the company was entitled to exemption from audit under Section 249A(2) Companies Act 1985; and no notice has been deposited under Section 249B(2). The Council of Management acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with Section 221 of the Act and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the year and of its surplus or deficit for the financial year in accordance with requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985, so far as applicable to the Company.

Signed on behalf of the Council of Management

Member of the Council

Approved by the Council of Management on 10 January 2005 and signed on their behalf by P A Hills

The notes on Pages 7 to 9 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 30 SEPTEMBER 2004

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (revised October 2000), applicable accounting standards and the Companies Act 1985.

Tangible fixed assets

Provision for depreciation of the freehold property is not considered by the Members of the Council to be necessary as the estimated useful life exceeds fifty years. It is the company policy to have its property maintained in good condition, which prolongs its useful life and any depreciation arising would not be material.

Depreciation is provided on furniture and office equipment at 15% per annum on cost in order to write the assets off over their anticipated lives.

2 OPERATING SURPLUS

The operating surplus is stated after charging:		2003		
	£	£		
Directors' remuneration	0	0		
Depreciation of tangible fixed assets	254	245		
Staff Costs	8,243	8,337		
Reporting accountant's remuneration	790	635		

3	TANGIBLE FIXED ASSETS	Furniture and office Freehold equipment property Total £ £ £
	Cost	
	At 1 October 2003	12,284 159,090 171,374
	Changes in year	277 0 277
	At 30 September 2004	£ 12,561 £ 159,090 £ 171,651
	Depreciation	
	At 1 October 2003	11,928 0 11,928
	Provision for year	254 0254
	At 30 September 2004	£ 12,182 £ 0 £ 12,182
	Net book values	
	At 30 September 2004	£ 379 £ 159,090 £ 159,469
	At 30 September 2003	£ 356 £ 159,090 £ 159,446
4	DEBTORS AND PREPAYMENTS	2003
		£ £
	Debtors: Membership fees	360 150
	Room rentals	2,143 1,569
	Gift Aid tax claim	78 78
	Prepayments of expenses	433205

NOTES TO THE FINANCIAL STATEMENTS (continued) YEAR ENDED 30 SEPTEMBER 2004

5 CREDITORS:

	2003
£	£
1,990	964
390	420
5,272	5,141
£ 7,652	£ 6,525
	390 5,272

6 BANK MORTGAGE

The bank mortgage is secured by a fixed charge on the company's freehold property. It bears interest at 1.75% per annum above bank rate and is repayable by

November 2018, as follows:-				2003
		£		£
Amount falling due within one year		5,272		5,141
Amount falling due after more than one year	_	68,531		71,969
	£	73,803	£	77,110

7 CREDITORS:

AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR			
	£		£
	68,531		71,969
	7,132		7,132
£_	75,663	£	79,101
	_	£ 68,531 7,132 £ 75,663	7,132

These interest free private loans of £7,132 are the residue of monies (originally £30,000) owed to the estate of the late Dr D Paulley and others. Negotiations with Dr Paulley's family for a reduction of the loan secured by a second charge she had on the company's freehold property have been inconclusive. If not concluded satisfactorily the company could have a further contingent liability on the sale of the property (an event not currently planned for by the Members of the Council). The Members of the Council have made the Charity Commissioners aware of this matter.

8 RESTRICTED FUNDS

8.1 Movements on restricted funds over the year:

	Grants		
	funding	Bursary	
	assets	Fund	TOTAL
	£	£	£
At 1 October 2003	356	2,554	2,910
Income	0	2,100	2,100
Depreciation of assets acquired			
from grants	-213	0	-213
Bursary applications	0	-2,270	-2,270
At 30 September 2004	£ 143	£ 2,384	£ 2,527
		[Note 8.2]	

NOTES TO THE FINANCIAL STATEMENTS (continued) YEAR ENDED 30 SEPTEMBER 2004

8 RESTRICTED FUNDS (continued)

8.2 The Bursary Funds are comprised of three elements, following commitments made by The Burton
Trust and Colchester Catalyst Charity to the work of the Centre.
 Applications are made from the Bursary Funds to assist fund courses of therapy at the Centre
which the client would not otherwise be able to pay for in full.

	Balance b/fwd £	Received in year £	Applied in year £	Balance c/fwd £
Centre Bursary	1,705	0	-735	970
The Burton Trust	499	0	0	499
Colchester Catalyst Charity	350_	2,100	<i>-</i> 1,535	915
	£ 2,554	£ 2,100	£ -2,270	£ 2,384

9 RECONCILIATION OF FUNDS

	Fixed Current Assets		Lial	Total		
	Assets £	Bank £	Other £	Current £	Deferred £	£
Unrestricted Funds	159,326	8,714	3,042	-7,652	-75,663	87,767
Restricted Funds	143	2,384	0	0	0	2,527
	£ 159,469	£ 11,098	£ 3,042	£ -7,652	£ -75,663	£ 90,294

10 COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTS

	Unrestricted	Restricted	Total	Total
	funds	funds	2004	2003
	£	£	£	£
Administration of the Stockwell Centre:				
property expenses	4,589	0	4,589	5,375
mortgage interest	4,412	0	4,412	4,355
office salaries	8,243	0	8,243	8,337
office expenses	1,883	0	1,883	2, 44 0
bad debts	30	0	30	168
depreciation	41	213	254	245
	19,198	213	19,411	20,920
Contract fees passed on	10,593	0	10,593	6,858
Group fees passed on	171	0	171	1,117
Courses and lectures	300	0	300	513
	£ 30,262	£ 213	£ 30,475	£ 29,408

11 MANAGEMENT AND ADMINISTRATION OF THE CHARITY

Accountancy fees	790	0	790	635
Bank charges	223	0	223	232
Companies House fee	15	0	15	15
	£ 1,028	£ 0	£ 1,028	£882