



**BLUEPRINT**  
Company Secretary

Please complete in typescript,  
or in bold black capitals.

CHFP055

Company Number 1404329

Company Name in full BUPA Wellbeing Limited

# 288a

## APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or  
change of particulars (use Form 288c))

### Appointment form

Notes on completion  
appear on reverse.

Date of appointment	Day	Month	Year	†Date of Birth	Day	Month	Year									
	0	1	0	8	2	0	0	1	2	8	0	5	1	9	5	3
Appointment as director	<input checked="" type="checkbox"/>			as secretary	<input type="checkbox"/>			Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.								
NAME *Style / Title	Mr										*Honours etc					
Forename(s)	Raymond															
Surname	King															
Previous Forename(s)																
Previous Surname																
Usual residential address	Westlands House															
	Cowfold Road															
	West Grinstead															
Post town	Horsham							Postcode	RH13 8LZ							
County / Region	West Sussex							Country								
† Nationality	British							†Business occupation	Chartered Accountant							
† Other directorships (additional space overleaf)	(See continuation sheet).															

Consent Signature

*R King*

Date 03 AUG 2001

A director, secretary etc must sign the form below.

Signed

*J P Sanders*

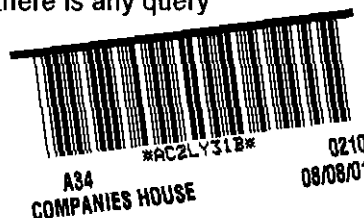
Date 03 AUG 2001

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

J P Sanders Esq  
Legal Department, BUPA  
BUPA House  
15-19 Bloomsbury Way  
London, WC1A 2BA  
Tel : 0207 656 2302

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query

Corr



When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

**Company Number****1404329**

† Directors only.

† Other directorships

**Current Directorships for Mr Raymond King****Bladenow Limited****BUPA (HSJ) Limited****BUPA Construction Services Limited****BUPA Holdings (Jersey) Limited****BUPA International Insurance Services Limited****BUPA Mobile Screening Limited****BUPA Properties (1994) Limited****Cardiff Medical Services Limited****Dolphyn Court Properties Limited****Independent Healthcare Limited****Marander Limited****Mercia Health Benefits Services Limited****Mercia Investment Advisers Limited****Parity Group Plc****Parity Limited****Teddies Nurseries Limited****Teddies Sports Limited****Past Directorships for Mr Raymond King****Anyslam Limited (12-May-1999)****Bowsprit Holdings Limited (31-Aug-1996)****Casella GMSS Limited (31-Aug-1996)****Clinical Waste Limited (31-Aug-1996)****Diageo Capital Plc (12-May-1999)****Diageo Finance Plc (12-May-1999)****Erg Environmental Resource Limited (31-Aug-1996)****NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

**Company Number****1404329**

† Directors only.

† Other directorships

**Grand Metropolitan Public Limited Company (12-May-1999)****Guinness Profit Sharing Nominees (1987) Limited (12-May-1999)****Roslou Limited (12-May-1999)****ScottishPower Group Money Purchase Pension Scheme Limited (31-Aug-1996)****Southern Science Limited (31-Aug-1996)****Southern Water Executive Pension Scheme Trustees Limited (31-Aug-1996)****Southern Water Industries Limited (31-Aug-1996)****Southern Water Plc (07-Aug-1996)****Topmark Vehicle Contracts Limited (31-Aug-1996)****UDV (SJ) Limited (12-May-1999)****White Child & Beney Limited (12-May-1999)****NOTES**

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