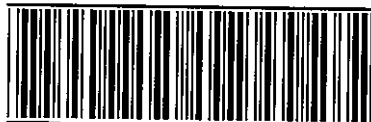




C O M P A N I E S H O U S E

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



A07 *AVS39C8T* 194
COMPANIES HOUSE 14/06/95

NW 19K X 11

003596

363s

Annual Return

of company number 01354503

K

company name

NESTOR MEDICAL DUTY SERVICES LIMITED

company type

PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 12/05/95

If this information requires amendment use the spaces opposite.

Date of this return *(See note 1)*

The information in this return should be made up to a date not later than

Day	Month	Year
02	06	95

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Date of next return *(See note 2)*

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office *(See note 3)*

This is the address registered by Companies House.

20A CHURCH ROAD
WELWYN GARDEN CITY
HERTS, AL8 6PS

.....
.....
.....
.....

Principal business activities *(See note 4)*

Trade classification is
8749 OTHER MEDICAL SERVICES

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If the code cannot be determined from the notes, give a brief description of principal activity.

01354503

Register of members *(See note 5)*

The register is kept at
REGISTERED OFFICE

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

Register of debenture holders *(See note 6)*

Any register of debenture holders (or duplicate) is kept at

Company Secretary *(See note 7)*

Particulars of a new secretary **must** be notified on form 288.

JOHN
WOOD
PEAR TREE COTTAGE
BISHOPSTONE NR AYLESBURY
BUCKINGHAMSHIRE HP17 8SH

Day	Month	Year

 Date of any change.

If this person has ceased to be secretary, please state when.

Day	Month	Year

 Date of resignation.

Directors *(See note 7)*

Particulars of a new director **must** be notified on form 288.

DR
JOHN JEFFREY
COCKBURN
44 GRANVILLE PARK
AUGHTON
ORMSKIRK
LANCASHIRE L39 5DU

Date of Birth:- 28/07/41
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

 Date of any change.

10 ARCHBISHOP PALACE
CHURCH ROAD
LIVERPOOL L25 6DA

Day	Month	Year

 Date of resignation.

CURRENT: WOLVERHAMPTON CO-OWNERSHIP LIMITED
PAST: NUTRI/SYSTEM (UNITED KINGDOM)
LIMITED

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

MICHAEL GREIG
ROGERS
HOWBERY 104 HARMER GREEN LANE
DIGSWELL
WELWYN
HERTFORDSHIRE AL6 0ET

Date of Birth:- 31/03/42
Nat:BRITISH
Occ:CHIEF EXECUTIVE

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

CURRENT: NUTRI/SYSTEM (UNITED KINGDOM) LIMITED
: FEDERATION OF RECRUITMENT & EMPLOYMENT
SERVICES LIMITED

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288.

Day	Month	Year

Date of any change.

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

Date of resignation.

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288.

Day	Month	Year

Date of any change.

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

Date of resignation.

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
<u>ORDINARY</u>	<u>200</u>	<u>£200</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
Totals	<u>200</u>	<u>£200</u>

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the appropriate box.

There were no changes in the period ☒

The last full members list was at 02/06/93

	on paper	not on paper
A list of changes is enclosed	<input type="checkbox"/>	<input type="checkbox"/>
A full list of members is enclosed	<input type="checkbox"/>	<input type="checkbox"/>

Elective resolutions (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box. ☒

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box. ☒

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£18**.

Cheques should be made payable to **Companies House**.

Signed

J. L. L. L.
Secretary/Director*
*(delete as appropriate)

Date 9/9/95

This return includes _____ continuation sheets.
(enter number)

Please ensure that you have completed all sections on this page.

To whom should Companies House direct any enquiries about the information shown in this return?

THE SECRETARY

Postcode _____

Telephone _____ Ext _____



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