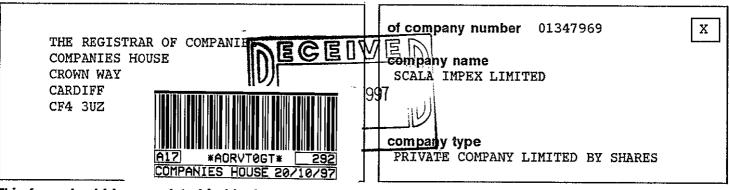




Annual Return



This form should be completed in black.

The information printed below is taken from Companies House records as at 26/09/97 If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
1 2	1:0	9 7

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Registerea	Office	(See note 3	")
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This is the address registered by Companies House.

106 HIGH STREET STEVENAGE HERTS SG1 3DW

Principal business activities (See note 4)

Trade classification is
5232 RETAIL MEDICAL & ORTHOPAEDIC GOODS

If the code cannot be determined from the notes, give a brief description of principal activity.

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

i	Day	Month	Year	_				
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•	Day	Month	Year					
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01347969 Register of members (See note 5)	If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.
The register is kept at REGISTERED OFFICE	
Register of debenture holders (See note 6)	
Any register of debenture holders (or duplicate) is kept at	
Company Secretary (See note 7)	
Particulars of a new secretary must be notified on form 288.	Day Month Year Date of any change.
SAMINA ZAFARYAB 9 BAIRD CLOSE KINGSBURY LONDON NW9 8XU	
If this person has ceased to be secretary, please state when.	Day Month Year Date of resignation.
Directors (See note 7)	Day Month Year
Particulars of a new director must be notified on form 288. MOHAMMED ZAFARYAB 9 BAIRD CLOSE KINGSBURY LONDON NW9 8XU	Day Month Year Date of any change.
Date of Birth:- 21/01/43 Nat:BRITISH Occ:MANAGING DIRECTOR	Day Month Year
If this person has ceased to be director, please state when.	Day Willing 1621 Date of resignation.
Show any relevant current and previous directorships	·

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01347969	If the information shown needs amendment,
Directors - continued	give details below and the date of any change.
Particulars. SAMINA ZAFARYAB 9 BAIRD CLOSE KINGSBURY LONDON NW9 8XU	Day Month Year Date of any change.

Date of Birth:— 20/01/46 Nat:BRITISH Occ:COMPANY DIRECTOR If this person has ceased to be director, please state when.	Day Month Year
Show any relevant current and previous directorships.	
Particulars.	Day Month Year Date of any change.
NO MORE DIRECTORS — ADDITIONAL SECRETARIES OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.	
If this person has ceased to be director, please state when.	Day Month Year Date of resignation.
Show any relevant current and previous directorships.	
Particulars.	Day Month Year Date of any change.
NO MORE DIRECTORS — ADDITIONAL SECRETARIES OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.	
If this person has ceased to be director, please state when.	Day Month Year Date of resignation.
Show any relevant current and previous directorships.	

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01347969 Issued Share Capital (See note 8)	Class (eg Ordinary/	Number of shares issued	Aggregate nominal value	
Enter details of all shares in issue at the date of this return.	Preference etc)		(ie Number of shares issued multiplied by nominal value per share)	
	ORIT	7000	£7000	
	Totals	7000	\$ 7000	
List of past and present members (See note 9)				
(Use attached schedule where appropriate) A full list is required if one was not included with either of the last two returns.	There were no	changes in the pe	Please mark the appropriate box. eriod not on	
The last full members list was at 12/10/95	on paper paper A list of changes is enclosed			
	A full list of members is enclosed			
Elective resolutions (See note 10) (Private companies only)				
If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box.				
If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.				
Certificate	Signed	1 2-Ja	ر گ / Secretary/Director *	
I certify that the information given in this return is true to the best of my knowledge and belief.	Date / &		*(delete as appropriate)	
I enclose the fee of £15.	This return i	ncludes NIC	continuation sheets.	
Cheques should be made payable to Companies House.	(enter number) Please ensure that you have completed all sections on this page.			
To whom should Companies House direct any enquiries about the information shown in this				
return?>		Postcoo	le	
	Telephone		Ext	