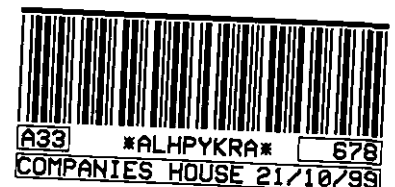


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**Annual Report and Accounts
for the year ended 30 April 1999**



Front cover photograph

Tom Moran, Isla Robertson and Brian Rudkin-McCullough attending the Help the Aged
1999 Speaking Up For Our Age national conference. Photographer: Tony Harris

Annual Report and Accounts for the year ended 30 April 1999

Help the Aged Registered Company Number 1263446 Registered Charity Number 272786
Company Limited by Guarantee Registered Office: St James's Walk, Clerkenwell Green, London EC1R 0BE
Tel: 020 7253 0253 Fax: 020 7251 0747
E-Mail: info@helptheaged.org.uk Internet: <http://www.helptheaged.org.uk>
Governed by Memorandum and Articles of Association

Objectives

The principal aim of Help the Aged is to provide practical support to help older people live independent lives, particularly those who are frail, isolated or poor.

Aims

- to create a brighter future for older people through a range of direct services
- to promote the independence and inclusion of older people
- to promote best practice, share expertise and build strong partnerships
- to develop policies to improve the lives of older people based on clear research
- to heighten public awareness of older people's needs through effective campaigning
- to improve the wellbeing of older people internationally by supporting long term programmes to promote independence and by providing emergency relief when necessary
- to maintain the position of Help the Aged as one of the UK's leading charities through professional management and both proven and innovative fundraising
- to extend its local outreach through the efforts of its regionally based staff and highly motivated volunteers

Finances

In an extremely competitive charity environment, Help the Aged maintained total distributions at £30 million including grants mainly for day centres, community transport, millennium projects, heating and overseas aid. Information and education distributions of £4 million included support for SeniorLine, the free telephone welfare advice service, and highly successful campaigns: Heating or Eating, to combat fuel poverty and raise awareness of excess winter deaths; Dignity on the Ward, to promote good practice in the care of older people in hospital; Speaking Up For Our Age, to ensure that older people make their voices heard through local groups and Action For Older Homeless People, to combat homelessness among people over 50 and help them into suitable permanent accommodation.

In addition, Help the Aged was instrumental in raising a further £5 million: £1.8 million for HelpAge International from Government and EU sources for co-funding international projects, and £3.2 million in project fundraising for other UK charities which share the objectives of Help the Aged.

Certain comparative figures have been restated to reflect the prior year adjustment described in note 23.

The Board of Trustees

The governing body is the Board of Trustees which currently comprises 18 members and meets five times a year.

The four formally constituted committees which support it are: Finance and General Purposes, Nominations, Remuneration and Audit. Additionally, specialist committees offer their expertise and experience to advise on the development of policy and services within the Charity.

Internal Financial Control

The Board of Trustees has overall responsibility for ensuring that the organisation has in place an appropriate system of controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively
- its assets are safeguarded against unauthorised use or disposition
- proper records are maintained and financial information used within the Charity or for publication is reliable
- the Charity complies with relevant laws and regulations

Reserves

The Trustees have adopted a Reserves Policy which they consider appropriate to ensuring the continued ability of the Charity to meet its objectives. These reserves are drawn from Unrestricted Income Funds excluding those amounts designated for property and other fixed assets.

While maintaining the level of Direct Charitable Expenditure, over the medium term the Charity will seek to build its Other Unrestricted Funds to a level which will provide a minimum of 50% of future annual expenditure on charitable services, plus an amount appropriate to cover any temporary shortfalls in income in order to meet other legal and moral obligations.

Year 2000 Issues

Help the Aged has reviewed the risks associated with all its information technology systems in relation to the Year 2000 issue. Where problems have been identified these have been, or will be, addressed.

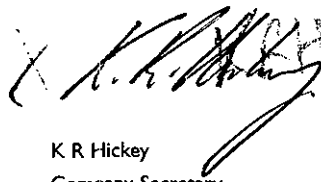
Although it is not possible for any organisation to guarantee that no Year 2000 problems will remain, it is believed that all systems will be fully Year 2000 compliant by November 1999.

The cost of upgrading systems, including the cost of taking into account Year 2000 compliance, is estimated to be approximately £500,000.

Going Concern

The Board of Trustees consider that Help the Aged has adequate resources to continue operations for the foreseeable future and that, for this reason, they should continue to adopt the going concern basis in preparing the accounts.

BY ORDER OF THE BOARD



K R Hickey
Company Secretary
22 July 1999

FINANCIAL STATEMENTS, YEAR ENDED 30 APRIL 1999
REPORT OF THE AUDITORS TO THE MEMBERS OF HELP THE AGED

We have audited the financial statements on pages 4 to 19 which have been prepared under the historical cost convention and the accounting policies set out on pages 7 and 8.

Respective responsibilities of Trustees and auditors

As described on page 20, the Charity's Trustees, who are also the directors of Help the Aged for the purposes of company law, are responsible for the preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on those statements and to report our opinion to you.

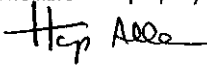
Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the Charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion, the financial statements give a true and fair view of the state of the Charity's affairs as at 30 April 1999 and of its incoming resources and application of resources, including its income and expenditure in the year then ended and have been properly prepared in accordance with the Companies Act 1985.

Hays Allan 
Chartered Accountants
Registered Auditors
Southampton House
317 High Holborn
London WC1V 7NL
22 July 1999


HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

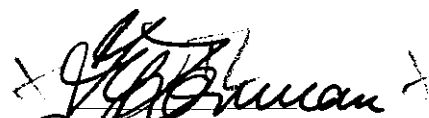
| | Notes | Unrestricted funds £'000 | Restricted funds £'000 | Endowment funds £'000 | Total 1999 £'000 | Restated Total 1998 £'000 |
|--|-------|--------------------------------|------------------------------|-----------------------------|------------------------|------------------------------------|
| Incoming Resources | | | | | | |
| Donations and gifts | | 4,726 | 18,217 | — | 22,943 | 23,166 |
| Legacies receivable | | 9,281 | 717 | — | 9,998 | 8,952 |
| Grants receivable | | 195 | 954 | — | 1,149 | 582 |
| Sales of donated goods | | 26,693 | — | — | 26,693 | 26,107 |
| Income from housing | | 4,546 | — | — | 4,546 | 3,489 |
| Investment income | 2 | 180 | 369 | — | 549 | 402 |
| Net gain on disposal of tangible fixed assets | | 472 | — | — | 472 | 419 |
| Net profit from trading activities | 3 | 610 | — | — | 610 | 66 |
| Total incoming resources | | 46,703 | 20,257 | — | 66,960 | 63,183 |
| Less: Costs of selling donated goods | | 22,209 | — | — | 22,209 | 20,995 |
| Incoming resources available | | 24,494 | 20,257 | — | 44,751 | 42,188 |
| Resources expended | | | | | | |
| Direct charitable expenditure: | | | | | | |
| UK and overseas aid programmes | 4 | 1,998 | 17,241 | — | 19,239 | 20,692 |
| Housing | | 5,121 | — | — | 5,121 | 4,074 |
| Information, campaigning and education | | 3,876 | 149 | — | 4,025 | 3,593 |
| Support costs | | 1,513 | — | — | 1,513 | 1,481 |
| | | 12,508 | 17,390 | — | 29,898 | 29,840 |
| Other expenditure: | | | | | | |
| Fundraising and publicity | | 8,878 | 1,345 | — | 10,223 | 9,976 |
| Management and administration of the Charity | | 467 | — | — | 467 | 457 |
| | | 9,345 | 1,345 | — | 10,690 | 10,433 |
| Total resources expended | 5 | 21,853 | 18,735 | — | 40,588 | 40,273 |
| Net incoming resources before transfers | | 2,641 | 1,522 | — | 4,163 | 1,915 |
| Transfer between funds | 18 | 213 | (213) | — | — | — |
| Net movement in funds | | 2,854 | 1,309 | — | 4,163 | 1,915 |
| Fund balances brought forward at 1 May 1998 as restated/originally stated | | 23,008 | 4,647 | 517 | 28,172 | 25,283 |
| Prior year adjustment | 23 | — | — | — | — | 974 |
| As restated | | 23,008 | 4,647 | 517 | 28,172 | 26,257 |
| Fund balances carried forward at 30 April 1999 | | 25,862 | 5,956 | 517 | 32,335 | 28,172 |
| Designated funds | | 18,553 | | | | |
| Other unrestricted funds | | 7,309 | | | | |
| | | <u>25,862</u> | | | | |

All transactions are derived from continuing activities
All recognised gains and losses are included in the Statement of Financial Activities

**HELP THE AGED
AS AT 30 APRIL 1999
BALANCE SHEET**

| | Notes | Charity | | Group | |
|--|-------|---------------|---------------------------|---------------|---------------------------|
| | | 1999 £'000 | Restated 1998 £'000 | 1999 £'000 | Restated 1998 £'000 |
| Fixed assets | | | | | |
| Tangible assets | 9 | 32,764 | 31,920 | 32,771 | 31,928 |
| Investments | 10 | 15 | 15 | 15 | 15 |
| | | 32,779 | 31,935 | 32,786 | 31,943 |
| Current assets | | | | | |
| Property for realisation | 11 | 147 | 345 | 147 | 345 |
| Stock | | - | - | 233 | 296 |
| Debtors: | | | | | |
| Amounts falling due within one year | 12 | 2,876 | 2,345 | 2,601 | 2,575 |
| Amounts falling due after more than one year | 13 | 2,155 | 2,303 | - | - |
| Cash at bank and in hand | | 9,552 | 6,236 | 11,694 | 7,978 |
| | | 14,730 | 11,229 | 14,675 | 11,194 |
| Creditors: | | | | | |
| amounts falling due within one year | 14 | 4,467 | 4,998 | 4,892 | 5,474 |
| Net current assets | | 10,263 | 6,231 | 9,783 | 5,720 |
| Total assets less current liabilities | | 43,042 | 38,166 | 42,569 | 37,663 |
| Creditors: amounts falling due after more than one year | 15 | 5,860 | 5,634 | 5,860 | 5,634 |
| Provisions for liabilities and charges | 16 | 4,374 | 3,857 | 4,374 | 3,857 |
| Net assets | 20 | 32,808 | 28,675 | 32,335 | 28,172 |
| Capital fund | | | | | |
| Endowment | 17 | 517 | 517 | 517 | 517 |
| Income funds | | | | | |
| Restricted funds | 18 | 5,956 | 4,647 | 5,956 | 4,647 |
| Unrestricted funds: | | | | | |
| Designated funds | 19 | 18,553 | 18,305 | 18,553 | 18,305 |
| Other charitable funds | | 7,782 | 5,206 | 7,782 | 5,206 |
| Non-charitable trading funds | 3 | - | - | (473) | (503) |
| Total funds | | 32,808 | 28,675 | 32,335 | 28,172 |


D. Mather
Trustee


J. G. Larman
Trustee

The Financial Statements were approved by the Board of Trustees on 22 July 1999

HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
CONSOLIDATED CASHFLOW STATEMENT

| | Notes | 1999 £'000 | 1999 £'000 | Restated 1998 £'000 | Restated 1998 £'000 |
|--|-------|---------------|----------------|---------------------------|---------------------------|
| Net cash inflow from operating activities | 21 | | 4,127 | | 3,455 |
| Returns on investment and servicing of finance | | | | | |
| Dividends and interest received | | 549 | | 494 | |
| Interest element of finance leases | | (25) | | (36) | |
| Net cash inflow from returns on investment and servicing of finance | | | 524 | | 458 |
| Capital expenditure | | | | | |
| Purchase of tangible fixed assets | | (2,089) | | (2,523) | |
| Sale of tangible fixed assets | | 1,023 | | 1,033 | |
| Net cash outflow from capital expenditure | | | (1,066) | | (1,490) |
| Management of liquid resources | | | | | |
| Net movement in the year | | | (2,085) | | (1,069) |
| Net cash inflow before financing | | | 1,500 | | 1,354 |
| Financing | | | | | |
| Net returnable deposits received/(repaid) | | 251 | | (65) | |
| Capital element of finance leases | | (120) | | (196) | |
| Net cash inflow (outflow) from financing | | | (31) | | (261) |
| Increase in cash | | | 1,631 | | 1,093 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

I. ACCOUNTING POLICIES

Basis of Accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice (Accounting by Charities) and applicable Accounting Standards.

Group Financial Statements

Group financial statements have been prepared in respect of Help the Aged and its wholly owned trading subsidiaries, Help the Aged (Mail Order) Limited and Help the Aged (Trading) Limited. In accordance with Section 230 of the Companies Act 1985, no separate Statement of Financial Activities is presented for Help the Aged.

Fund Accounting

Unrestricted funds comprise accumulated surpluses and deficits on general funds - they are available for use at the discretion of the Trustees in furtherance of the general charitable objectives.

Designated funds are amounts that have been put aside at the discretion of the Trustees. At the year end they comprise a property fund which represents the extent to which funds are invested in property for use by the Charity, and therefore not available for other purposes, and a maintenance fund which represents the cyclical repairs and maintenance of the Charity's properties. (Note 19)

Restricted funds are funds subject to specific conditions imposed by the donors.

Incoming Resources

Incoming resources represent the total income receivable during the year comprising donations, legacies, grants, and income from shops, housing and care and fundraising events.

Resources Expended

The costs of UK and overseas programmes, housing and care, shops, fundraising and publicity and of administration comprise expenditure, including staff costs, directly attributable to the activity. Where costs cannot be directly attributed to the activity they have been allocated to activities on a cost basis.

Support costs comprise all services supplied centrally, identifiable as wholly or mainly in support of direct charitable purposes and include an appropriate proportion of general overheads.

Central overheads are allocated to operational and fundraising functions on the basis of their use of central support services with the aim of ensuring that those costs remaining within administration relate to the management of the Charity's assets, organisational administration and compliance with constitutional and statutory requirements.

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

Depreciation

Fixed assets are stated at cost or donated valuation. Depreciation is calculated to write off the cost of the fixed asset by equal instalments as follows:

| | | |
|-----------------------|---|----------------------------|
| Motor vehicles | — | 25% pa straight line |
| Fixtures and fittings | — | 20% pa straight line |
| Leased equipment | — | Over the term of the lease |
| Computer equipment | — | 25% pa straight line |
| Short term leaseholds | — | 20% pa straight line |

No provision for depreciation has been made in respect of the Headquarters or the housing properties as they are maintained in a continual state of repair and their lives and residual values are such that depreciation is not material.

Stocks

Stocks are valued at the lower of cost and net realisable value.

Leased Assets

Assets held by the Charity which have been funded through finance leases are capitalised and the resulting future lease obligations are included in creditors. All other leases are operating leases and the rental expenses are charged to the Statement of Financial Activities as incurred.

Gifted Housing Scheme

Gifted houses are accounted for as income when donated at market valuation. The valuations are carried out by a qualified surveyor. When an individual donates a house to Help the Aged, the Charity is committed to caring for that individual. An actuarial valuation of the total cost of care for individuals who have gifted their house is made and the sum is included within provision for liabilities and charges. Costs of care are charged to the provision as incurred. (Note 16)

Pensions

The Charity contributes to a defined benefits scheme open to all employees over the age of 21. The pension scheme is administered by Trustees and is separate from the Charity. Independent actuaries complete valuations at frequent intervals, usually triennial. The expected cost of pensions is charged to the Statement of Financial Activities over the expected lives of the employees in the scheme.

Change to Accounting Policy

In September 1998 the Accounting Standards Board issued Financial Reporting Standard 12 (FRS 12) "Provisions, Contingent Liabilities and Contingent Assets". In compliance with FRS 12, the Charity no longer makes provision for the cyclical repairs and maintenance of its portfolio of properties. A designated fund has been established to represent the future cyclical repairs and maintenance.

Consequently, certain comparative figures have been restated to reflect the prior year adjustment as described in note 23.

HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS

| | 1999 £'000 | Restated 1998 £'000 |
|-----------------------------|---------------|---------------------------|
| 2. INVESTMENT INCOME | | |
| Short term deposits | 549 | 402 |

3. RESULTS FROM TRADING ACTIVITIES OF SUBSIDIARIES

The Charity has two wholly owned trading subsidiaries which are incorporated in the UK. Help the Aged (Trading) Ltd raises funds via commercial events and sponsorship together with the sale of merchandise. Help the Aged (Mail Order) Ltd sells Christmas cards and other merchandise by mail order catalogue. Both companies covenant their taxable profits to Help the Aged.

| | Help the Aged (Trading) Ltd £'000 | Help the Aged (Mail Order) Ltd £'000 | Total 1999 £'000 | Total 1998 £'000 |
|-------------------------------------|---|--|------------------------|------------------------|
| Turnover | 3,663 | 1,237 | 4,900 | 5,417 |
| Cost of sales | 873 | 460 | 1,333 | 2,044 |
| Investment income | — | 122 | 122 | 141 |
| Total expenses | 2,288 | 791 | 3,079 | 3,448 |
| Profit for the year | 502 | 108 | 610 | 66 |
| Covenants to Help the Aged | (454) | (126) | (580) | — |
| Retained profit/(loss) for the year | 48 | (18) | 30 | 66 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

4. UK AND OVERSEAS AID PROGRAMMES

| | 1999 | Restated |
|---|---------------|---------------|
| | Total | 1998 |
| | £'000 | Total |
| | | £'000 |
| United Kingdom aid programmes | | |
| Day centres | 4,355 | 5,967 |
| Hospices and nursing homes | 2,684 | 2,920 |
| Minibuses | 1,251 | 2,064 |
| Housing and care projects | 32 | 84 |
| SeniorLink telephones | 84 | 149 |
| Heating grants | 996 | 1,147 |
| Gifts in kind | 239 | 59 |
| Community projects | 1,318 | 427 |
| Home safety | 6 | 699 |
| Elderly homelessness | 409 | 163 |
| Isolation | 451 | 289 |
| Other projects | 928 | 659 |
| Total UK programmes | 12,753 | 14,627 |
| Overseas aid programmes | | |
| Refugees and disaster | 658 | 88 |
| Health and medical | 1,172 | 996 |
| Care services | 344 | 330 |
| Gifts in kind | 854 | 1,108 |
| Support for HelpAge International | 342 | 660 |
| Adopt a Granny | 2,018 | 1,750 |
| Training | 255 | 292 |
| Organisational development | 211 | 198 |
| Income and livelihood | 386 | 362 |
| Information and campaigning | 100 | 91 |
| Other projects | 146 | 190 |
| Total overseas programmes | 6,486 | 6,065 |
| Total charged to Statement of Financial Activities | 19,239 | 20,692 |

5. ANALYSIS OF TOTAL RESOURCES EXPENDED

| | Staff Costs | Other | Depreciation | Total 1999 |
|--|---------------|---------------|--------------|---------------|
| | £'000 | £'000 | £'000 | £'000 |
| Direct charitable expenditure | | | | |
| UK and overseas aid programmes | 666 | 18,548 | 25 | 19,239 |
| Housing | 2,826 | 2,253 | 42 | 5,121 |
| Information, campaigning and education | 1,232 | 2,759 | 34 | 4,025 |
| Support costs | 805 | 640 | 68 | 1,513 |
| | 5,529 | 24,200 | 169 | 29,898 |
| Other expenditure | | | | |
| Fundraising and publicity | 4,534 | 5,338 | 351 | 10,223 |
| Management and administration of the Charity | 300 | 160 | 7 | 467 |
| Total | 10,363 | 29,698 | 527 | 40,588 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

6. STAFF NUMBERS AND EMOLUMENTS

| | 1999 | | Restated 1998 | |
|--|--------------|------------|------------------|------------|
| | Full time | Part time | Full time | Part time |
| Average number of persons employed during the year was as follows: | | | | |
| Shops | 882 | 441 | 790 | 451 |
| Housing | 85 | 251 | 79 | 244 |
| Other | 343 | 85 | 320 | 75 |
| | 1,310 | 777 | 1,189 | 770 |

| | 1999 | Restated 1998 |
|--|---------------|------------------|
| | £'000 | £'000 |
| The aggregate emoluments of these persons were as follows: | | |
| Salaries including benefits in kind | 21,488 | 19,194 |
| Social security costs | 1,472 | 1,265 |
| Pension scheme contributions | 1,158 | 994 |
| | 24,118 | 21,453 |

| | 1999 Number | 1998 Number |
|---|----------------|----------------|
| | | |
| The number of employees whose emoluments for the year fell within the following bands were: | | |
| £40,000 to £49,999 | 14 | 8 |
| £50,000 to £59,999 | — | 2 |
| £60,000 to £69,999 | 3 | 3 |
| £70,000 to £79,999 | 1 | 1 |

7. TRUSTEES EMOLUMENTS AND REIMBURSED EXPENSES

The Trustees received no remuneration for their services.

The aggregated amount of expenses reimbursed to the Trustees during the year was £726 (1998: £1,990).

The number of Trustees reimbursed for travel expenses was 2 (1998: 4).

Indemnity insurance is provided for Trustees, directors and employees. Premiums paid during the year totalled £2,288 (1998: £6,648).

8. NET MOVEMENTS IN FUNDS

| | 1999 | Restated 1998 |
|--|--------------|------------------|
| | £'000 | £'000 |
| Net movement in funds is arrived at after charging: | | |
| Depreciation of assets held under finance leases | 120 | 191 |
| Depreciation of other assets | 1,742 | 1,572 |
| Profit on disposal of fixed assets | 472 | 419 |
| Irrecoverable VAT | 566 | 565 |
| (the above includes £213,000 (1998: £147,000) for housing and care services) | | |
| Auditors' remuneration: | | |
| Audit | 38 | 37 |
| Other | 19 | 24 |
| Financial charges payable on finance leases | 25 | 36 |
| Operating lease rentals | 4,748 | 4,246 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

9. TANGIBLE FIXED ASSETS

| | Freehold and long leasehold properties mainly housing £'000 | Short leaseholds shops £'000 | Motor vehicles £'000 | Equipment fixtures and fittings £'000 | Total £'000 |
|------------------------------------|--|---------------------------------------|----------------------------|--|------------------------|
| (a) Charity | | | | | |
| Cost or valuation/donated | | | | | |
| At 1 May 1998 | 28,280 | 5,742 | 3,241 | 2,871 | 40,134 |
| Additions | 1,742 | 336 | 702 | 355 | 3,135 |
| Disposals | (253) | — | (405) | — | (658) |
| Transfers to properties for resale | (147) | — | — | — | (147) |
| At 30 April 1999 | 29,622 | 6,078 | 3,538 | 3,226 | 42,464 |
| Depreciation | | | | | |
| At 1 May 1998 | — | 3,643 | 2,292 | 2,279 | 8,214 |
| Charge for the year | — | 761 | 726 | 372 | 1,859 |
| Eliminated on disposal | — | — | (373) | — | (373) |
| At 30 April 1999 | — | 4,404 | 2,645 | 2,651 | 19,700 |
| Net Book value | | | | | |
| At 30 April 1999 | 29,622 | 1,674 | 893 | 575 | 32,764 |
| At 30 April 1998 | 28,280 | 2,099 | 949 | 592 | 31,920 |
| (b) Group | | | | | |
| Cost or valuation/donated | | | | | |
| At 1 May 1998 | 28,280 | 5,742 | 3,241 | 2,882 | 40,145 |
| Additions | 1,742 | 336 | 702 | 357 | 3,137 |
| Disposals | (253) | — | (405) | — | (658) |
| Transfers to properties for resale | (147) | — | — | — | (147) |
| At 30 April 1999 | 29,622 | 6,078 | 3,538 | 3,239 | 42,477 |
| Depreciation | | | | | |
| At 1 May 1998 | — | 3,643 | 2,292 | 2,282 | 8,217 |
| Charge for the year | — | 761 | 726 | 375 | 1,862 |
| Eliminated on disposal | — | — | (373) | — | (373) |
| At 30 April 1999 | — | 4,404 | 2,645 | 2,657 | 19,706 |
| Net book value | | | | | |
| At 30 April 1999 | 29,622 | 1,674 | 893 | 582 | 32,771 |
| At 30 April 1998 | 28,280 | 2,099 | 949 | 600 | 31,928 |

HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS

The net book value at 30 April 1999 represents fixed assets used for:

| | Freehold and long leasehold properties £'000 | Short leasehold shops £'000 | Motor vehicles £'000 | Equipment fixtures and fittings £'000 | Total £'000 |
|-----------------------------------|---|--------------------------------------|----------------------------|--|----------------|
| Direct charitable purposes | | | | | |
| Housing | 27,755 | — | 30 | 29 | 27,814 |
| Other | 550 | — | 81 | 116 | 747 |
| | 28,305 | — | 111 | 145 | 28,561 |
| Other purposes | | | | | |
| Shops | 122 | 1,674 | 652 | 29 | 2,477 |
| Other | 1,195 | — | 130 | 408 | 1,733 |
| | 29,622 | 1,674 | 893 | 582 | 32,771 |

The net book value of freehold and long leasehold properties comprises:

| | 1999 £'000 | Restated 1998 £'000 |
|-----------------|---------------|---------------------------|
| Freehold | 27,274 | 25,836 |
| Long leaseholds | 2,348 | 2,444 |
| | 29,622 | 28,280 |

The net book value of assets held under finance leases:

| | 1999 £'000 | Restated 1998 £'000 |
|----------------|---------------|---------------------------|
| Motor vehicles | 4 | 124 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

10. INVESTMENTS

| | Shares in subsidiary undertakings £'000 | Shares in associated undertakings £'000 | Other investments £'000 | Total £'000 |
|---------------------------------|--|--|-------------------------------|----------------|
| Charity | | | | |
| At 1 May 1998 and 30 April 1999 | — | 15 | — | 15 |

| Principal Subsidiary undertakings: | Registered in | Percentage of Capital held |
|------------------------------------|-------------------|-------------------------------|
| Help the Aged (Trading) Limited | England and Wales | 100% |
| Help the Aged (Mail Order) Limited | England and Wales | 100% |
| Associated undertaking: | | |
| Fold Help Limited | Northern Ireland | 50% |

11. PROPERTY FOR REALISATION

| | Charity | | Group | |
|---------|---------------|---------------------------|---------------|---------------------------|
| | 1999 £'000 | Restated 1998 £'000 | 1999 £'000 | Restated 1998 £'000 |
| Housing | 147 | 345 | 147 | 345 |

**12. DEBTORS: AMOUNTS FALLING DUE
WITHIN ONE YEAR**

| | | | | |
|--------------------------------|-------|-------|-------|-------|
| Tax repayments | 554 | 723 | 554 | 723 |
| Subsidiary undertaking | 643 | 50 | — | — |
| Other debtors | 441 | 454 | 916 | 844 |
| Prepayments and accrued income | 1,238 | 1,118 | 1,131 | 1,008 |
| | 2,876 | 2,345 | 2,601 | 2,575 |

**13. DEBTORS: AMOUNTS FALLING DUE
AFTER MORE THAN ONE YEAR**

| | | | | |
|--------------------------------|-------|-------|---|---|
| Prepayments and accrued income | 2,155 | 2,303 | — | — |
|--------------------------------|-------|-------|---|---|

HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS

| | Charity | | Group | |
|--|--------------|--------------|--------------|--------------|
| | 1999 | Restated | 1999 | Restated |
| | £'000 | £'000 | £'000 | £'000 |
| 14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | | | | |
| Deposits from housing residents repayable on change of occupancy | 761 | 740 | 761 | 740 |
| Interest free loans | 2 | 10 | 2 | 10 |
| Other creditors | 2,427 | 2,801 | 2,670 | 3,013 |
| Obligations under finance leases | 4 | 120 | 4 | 120 |
| Accrued expenses | 793 | 859 | 912 | 1,082 |
| Taxes and social security | 480 | 468 | 543 | 509 |
| | 4,467 | 4,998 | 4,892 | 5,474 |

| | | | | |
|--|--------------|--------------|--------------|--------------|
| 15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR | | | | |
| Deposits from housing residents repayable on change of occupancy | 5,860 | 5,630 | 5,860 | 5,630 |
| Obligations under finance leases | — | 4 | — | 4 |
| | 5,860 | 5,634 | 5,860 | 5,634 |

| | | | | |
|--|---|---|---|---|
| The finance lease obligations due after more than one year are repayable as follows: | | | | |
| Between one and two years | — | 4 | — | 4 |

16. PROVISION FOR LIABILITIES AND CHARGES

| Charity and Group | Maintenance | Care | Total |
|--|-------------|-------|-------|
| | £'000 | £'000 | £'000 |
| At 1 May 1998 as previously stated | 974 | 3,857 | 4,831 |
| Prior year adjustment (note 23) | (974) | — | (974) |
| As restated | — | 3,857 | 3,857 |
| Costs | — | (846) | (846) |
| Increase in provision charged to Statement of Financial Activities in year | — | 1,363 | 1,363 |
| At 30 April 1999 | — | 4,374 | 4,374 |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

17. ENDOWMENTS

| | Balance 1 May 1998 £'000 | Incoming Resources £'000 | Expenditure and Transfers £'000 | Balance 30 April 1999 £'000 |
|----------------------------|--------------------------------|--------------------------------|---------------------------------------|-----------------------------------|
| Permanent Endowment | | | | |
| Goodwin Trust | 517 | - | - | 517 |

This Trust represents property left to Help the Aged for the purpose of providing homes for elderly people. This also includes a commercial property which is to be used as a fund for carrying out the above condition.

18. RESTRICTED FUNDS

The income funds of the Charity include restricted funds comprising the following unexpended balances of:

| | Balance 1 May 1998 £'000 | Incoming Resources £'000 | Expenditure and Transfers £'000 | Balance 30 April 1999 £'000 |
|--------------------------------------|--------------------------------|--------------------------------|---------------------------------------|-----------------------------------|
| United Kingdom Aid Programmes | | | | |
| Day Centres | 46 | 4,322 | 4,355 | 13 |
| Hospices and nursing homes | 83 | 2,667 | 2,684 | 66 |
| Minibuses | 104 | 1,383 | 1,279 | 208 |
| Housing and care products | 904 | 295 | 255 | 944 |
| SeniorLink telephones | 162 | 85 | 47 | 200 |
| Heating grants | 337 | 1,236 | 1,449 | 124 |
| Gifts in kind | - | 239 | 239 | - |
| Community projects | 1,084 | 1,848 | 1,158 | 1,774 |
| Home safety | 233 | 371 | 18 | 586 |
| Elderly homelessness | 569 | 944 | 642 | 871 |
| Isolation | 360 | 186 | 498 | 48 |
| Other projects | 179 | 669 | 221 | 627 |
| | 4,061 | 14,245 | 12,845 | 5,461 |
| Overseas aid programmes | | | | |
| Refugees and disaster | 25 | 962 | 822 | 165 |
| Health and medical | 520 | 821 | 1,033 | 308 |
| Care services | - | 309 | 309 | - |
| Gifts in kind | - | 854 | 854 | - |
| Adopt a Granny | 10 | 2,061 | 2,071 | - |
| Training | - | 222 | 222 | - |
| Organisational development | - | 189 | 189 | - |
| Income and livelihood | - | 346 | 346 | - |
| Water | 12 | 131 | 131 | 12 |
| Information and campaigning | 10 | 82 | 92 | - |
| Other projects | 9 | 35 | 34 | 10 |
| | 586 | 6,012 | 6,103 | 495 |
| | 4,647 | 20,257 | 18,948 | 5,956 |

£213,000 included in housing and care projects related to Capital projects. The funds expended are transferred to unrestricted funds once spent.

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

19. DESIGNATED FUNDS

The income funds of the Charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

| | Property Fund £'000 | Property Maintenance Fund £'000 | Total £'000 |
|------------------------------------|---------------------------|--|----------------|
| At 1 May 1998 as previously stated | 17,331 | — | 17,331 |
| Prior year adjustment (note 23) | — | 974 | 974 |
| As restated | 17,331 | 974 | 18,305 |
| New Designations | 438 | — | 438 |
| Utilised/realised | — | (190) | (190) |
| At 30 April 1999 | 17,769 | 784 | 18,553 |

The Property Fund is calculated as follows:

| | Housing £'000 | Headquarters £'000 | Total £'000 |
|----------------------------------|------------------|-----------------------|----------------|
| Total valuation – Net book value | 27,203 | 1,902 | 29,105 |
| Less: | | | |
| Returnable deposits | 6,621 | — | 6,621 |
| Gifted housing – net book value | 4,715 | — | 4,715 |
| | 11,336 | — | 11,336 |
| | 15,867 | 1,902 | 17,769 |

20. ANALYSIS OF GROUP NET ASSETS BETWEEN FUNDS

| | Unrestricted Funds £'000 | Restricted Funds £'000 | Endowment Funds £'000 | Total Funds £'000 |
|---|--------------------------------|------------------------------|-----------------------------|-------------------------|
| Fund balances at 30 April 1999 are represented by: | | | | |
| Tangible fixed assets | 32,254 | — | 517 | 32,771 |
| Investments | 15 | — | — | 15 |
| Current assets | 8,719 | 5,956 | — | 14,675 |
| Current liabilities | (4,892) | — | — | (4,892) |
| Long term liabilities | (10,234) | — | — | (10,234) |
| Total Net Assets | 25,862 | 5,956 | 517 | 32,335 |

HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS

| | 1999 £'000 | Restated 1998 £'000 |
|--|---------------|---------------------------|
| 21. NET CASH INFLOW FROM OPERATING ACTIVITIES | | |
| Reconciliation of increase in Charity funds with net inflow from operating activities: | | |
| Increase in Charity funds | 4,163 | 1,915 |
| Dividends and interest receivable | (549) | (494) |
| Interest payable | 25 | 36 |
| Depreciation charge | 1,862 | 1,763 |
| Profit on disposal of tangible fixed assets | (472) | (419) |
| Donated property | (1,048) | (387) |
| Net increase/(decrease) in provisions | 517 | (155) |
| Increase in debtors | (26) | (407) |
| (Decrease)/Increase in creditors | (408) | 1,572 |
| Decrease in stock | 63 | 31 |
| | 4,127 | 3,455 |

22. ANALYSIS OF NET FUNDS/(DEBT)

| | At 1 May 1998 £'000 | Cashflow £'000 | At 30 April 1999 £'000 |
|--------------------------|---------------------------|-------------------|------------------------------|
| Cash at bank and in hand | 3,785 | 1,631 | 5,416 |
| Liquid resources | 4,193 | 2,085 | 6,278 |
| | 7,978 | 3,716 | 11,694 |
| Finance leases | (124) | 120 | (4) |
| Returnable deposits | (6,370) | (251) | (6,621) |
| | 1,484 | 3,585 | 5,069 |

23. PRIOR YEAR ADJUSTMENT

The prior year adjustment on the provision for liabilities and charges and designated funds has arisen due to the reclassification of the provision for cyclical repairs and maintenance for the Charity's portfolio of properties to designated funds to comply with Financial Reporting Standard 12 "Provisions, Contingent Liabilities and Contingent Assets". The effect of this change in accounting policy on the 1998 figures is to increase designated funds and reduce the provision for liabilities and charges at 30 April 1998 by £974,000.

24. PENSIONS COSTS

The Charity contributes to a defined benefit pension scheme whereby retirement benefits are based on employees' final remuneration and length of service. The pension cost is assessed in accordance with the advice of an independent qualified actuary using the projected unit method on the basis of frequent, usually triennial, valuations and charged to the Statement of Financial Activities so as to spread the cost over the scheme members' service lives.

The pension cost to the Charity was £1,157,988 (1998: £994,165).

The latest completed actuarial valuation was carried out at 30 September 1997 using the following principal assumptions:

| | | |
|---------------------------------------|---|----------|
| Average rate of return on investments | — | 8.25% pa |
| Average rate of salary increases | — | 6% pa |

**HELP THE AGED
FOR THE YEAR ENDED 30 APRIL 1999
NOTES TO THE FINANCIAL STATEMENTS**

24. PENSIONS COSTS (continued)

The valuation showed the market value of the scheme's assets to be £9,193,864 and the actuarial value represented 103% of the benefits that had accrued to members. The surplus amounted to £291,000. The employees' and employer's contribution rates remain at 6% pa and 12.7% respectively.

25. SHARE CAPITAL

The company is limited by guarantee and has no share capital. The liability of the members is limited to the sum of £1 per member.

26. OBLIGATIONS UNDER OPERATING LEASES

The amount payable within the next 12 months on leases expiring:

| | Land and Buildings £'000 | Other £'000 | 1999 Total £'000 | Restated 1998 Total £'000 |
|-------------------|--------------------------------|----------------|------------------------|------------------------------------|
| Within one year | 107 | — | 107 | 59 |
| One to five years | 367 | 45 | 412 | 354 |
| After five years | 4,229 | — | 4,229 | 4,176 |
| | 4,703 | 45 | 4,748 | 4,589 |

27. CAPITAL COMMITMENTS

The following capital expenditure has been approved by the Trustees but not provided for in these financial statements.

| | 1999 £'000 | Restated 1998 £'000 |
|-------------------|---------------|---------------------------|
| Contracts placed: | | |
| Housing | 151 | 243 |

Patron
HRH The Prince of Wales
Chairman of the Board of Trustees
John D Mather

Joint Honorary Treasurers
The Duke and Duchess of Norfolk
President
Peter Bowring CBE

Vice Presidents
Princess Helena Mountbatten MBE
The Duke of Devonshire MC PC
Lord Coggan
George Davis
Dame Thora Hird DBE, M.Litt

Board of Trustees as at 30 April 1999

Priscilla Campbell Allen
Philip Ashfield
Henry Bowrey
Peter Bowring CBE
Beverly Castleton (Appointed a Trustee 15 June 1998)
Jo Connell

Brian Fox CB (Appointed a Trustee 4 February 1999)
Vera Harley MBE
Anne Harris CBE
William Hastings OBE
Rosemary Kelly (Appointed a Trustee 22 April 1999)

Trevor Larman
Lady Macpherson
William Menzies-Wilson CBE
Kevin Williams
Christopher Woodbridge
Angus Young

Director General
Michael Lake CBE

As required by the Articles of Association, Dr William Hastings, Trevor Larman, Christopher Woodbridge and Angus Young, retire by rotation and, being eligible, offer themselves for re-election.

In accordance with the Memorandum & Articles, Brian Fox and Rosemary Kelly were appointed during the year, retire and being eligible, offer themselves for re-election.

The Charity thanks and recognises the assistance of Professor Kay-Tee Khaw who served as a Trustee for more than five years and resigned on 6 October 1998.

The Charity thanks and recognises the assistance of Ian MacLeod who served as a Trustee for more than 14 years and resigned on 9 October 1998.

The Board is grateful for the additional advice and expertise of the following people who have served on advisory committees:

Joan Bartlett (Servite Housing)
Daphne Clark (Sutton Housing Trust)
Christopher Flind (Chairman, Richmond, Twickenham & Roehampton District Health Authority)
Sir Harry Roche (retired)

Auditors
Hays Allan
Southampton House
317 High Holborn
London WC1V 7NL

Solicitors
Wedlake Bell
16 Bedford Street
Covent Garden
London WC2E 9HF

Bankers
Barclays Bank Plc
Pall Mall Corporate Banking Group
50 Pall Mall
PO Box 15162
London SW1A 1QB

Stockbrokers
Charles Stanley and Company Limited
25 Luke Street
London EC2A 4AR

Trustees' Responsibilities

- Help the Aged is constituted as a Company Limited by Guarantee and as such is subject to Company Law. Its Trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit for that period. In preparing those financial statements, the Trustees are required to:
- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue its operations

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Specific Restrictions imposed by the Memorandum and Articles of Association

The Memorandum of Association provides that the Company shall not dispose of the whole of its freehold or leasehold properties or any part thereof exceeding 25% except with the sanction of the Company in General meeting by Special Resolution first obtained.



Help the Aged

St James's Walk, Clerkenwell Green, London EC1R 0BE

Tel: 020 7253 0253 Fax: 020 7251 0747

E-Mail: info@helptheaged.org.uk

Internet: <http://www.helptheaged.org.uk>

Annual Report and Accounts for the year ended 30 April 1999

Help the Aged Registered Company Number 1263446

Registered Charity Number 272786

Company Limited by Guarantee

Registered Office: St James's Walk, Clerkenwell Green, London EC1R 0BE

Tel: 020 7253 0253 Fax: 020 7251 0747

E-Mail: info@helptheaged.org.uk

Internet: <http://www.helptheaged.org.uk>

Governed by Memorandum and Articles of Association