



BLUEPRINT
Company Secretary

288b

RESIGNATION of director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number 1227964

Company Name in full CREIGHTON'S NATURALLY PLC



* F 2 8 8 B C 5 0 *

Resignation form

Date of resignation

Day	Month	Year
05	06	97

Resignation as director



as secretary



Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.

NAME *Style / Title

*Honours etc

Forename(s)

MICHAEL PHILLIP

Surname

SUTTON

Please insert
details as
previously
notified to
Companies House.

†Date of birth

Day	Month	Year
25	02	46

If cessation is other than
resignation, please state reason

* Voluntary details.

† Directors only.

A serving director, secretary etc must sign the form below.

Signed

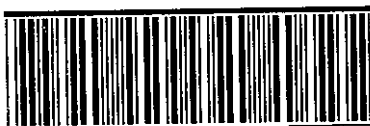
Date

13.6.97.

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query

REYNOLDS ROBERTSON
W & J BURNES WS
16 HOPE STREET
EDINBURGH
EH2 4DD
0131 226 2561



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COMPANIES HOUSE 14/06/97

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB