

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

| Company Number | | 1227964 |
|--|--|---|
| Co | mpany Name in full | CREIGHTON'S NATURALLY PLC |
| SCT *SWL82XGI | √* 545 | Day Month Year ate of the thin thin thin thin thin thin thin thin |
| | Appointment as director | Please mark the appropriate box. If appointment is as a director and secretary mark both boxes. |
| Appointment form | NAME *Style / Title | *Honours etc |
| | Forename(s) | MICHAEL ROBERT MCVEAN |
| Notes on completion appear on reverse. | Surname | GUBBINS |
| | Previous Forename(s) | |
| | Previous Surname | |
| | Usual residential | THE OLD VICARAGE |
| | | KINGCLERE |
| | Post town | NEWBURY Postcode RG20 5SL |
| | County / Region | BERKSHIRE Country England |
| | † Nationality | †Business occupation SALES & MARKETING DIRECTOR |
| | † Other directorship | s (See continuation sheet). |
| | (additional space overleaf | |
| * Voluntary details. † Directors only. | Consent Signature | 1 11018 |
| ** Please delete as approp | oriate Signed | |
| Please give the natelephone number a DX number and the person Compacontact if there is | and, if available, Exchange of nies House should | (**a-director / secretary / administrator / administrative receiver / receiver manager / receiver) REYNOLDS ROBERTSON W & J BURNESS, WS, 16 HOPE STREET, EDINBURGH, EH2 4DD. TEL. 0131 226 2561 |
| Companies Hou | se receipt date barcode | When you have completed and signed the form please send it to Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardi |

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

| Company N | lumber |
|-----------|--------|
|-----------|--------|

1227964

† Directors only.

NOTES

except:

usual residential line.

need not be given.

title or succeeded to it.

Other directorships.

in the past five years.

same parent company.

- dormant

or for at least 20 years

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the

Give previous forenames or surname(s)

- for a married woman, the name by which she was known before marriage

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the

- for names not used since the age of 18

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

 a parent company which wholly owned the company making the return, or
 another wholly owned subsidiary of the

† Other directorships

| Past Directorships for MICHAEL ROBERT MCVEAN GUBBINS | | | | | |
|--|-------------|--|--|--|--|
| BRIDGE WHARF RESIDENTS ASSOCIATION (ISLEWORTH) LIMITED (30-Nov-1996) | | | | | |
| HELENE CURTIS LIMITED (31-Mar-1997) | | | | | |
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