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# 288b

Please complete in typescript,  
or in bold black capitals.

CHFP025

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

01080540

Company Name in full

BE-WELL (HEALTH, DIETARY & NUTRITIONAL) PRODUCTS  
LIMITED

Date of termination of appointment

Day Month Year

1 7 0 5 2 0 0 2

as director

X

as secretary

Please mark the appropriate box. If terminating  
appointment as a director and secretary mark  
both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

DORIS ANNE

Surname

ADAMS

Day Month Year

†Date of Birth

1 5 0 8 1 9 5 4

A serving director, secretary etc must sign the form below.

Signed

Date

17 May 2002

\* Voluntary details.

† Directors only.

\*\*Please delete as appropriate

(\*\* serving director/secretary/administrator/administrative receiver/receiver manager/receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

Gateley Wareing Solicitors

Windsor House, 3 Temple Row, Birmingham, B2 5JR

Tel 0121 234 0000

DX number 13033

DX exchange Birmingham 1

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



BIR  
COMPANIES HOUSE

0309  
29/05/02