

BLUEPRINT

2000

008064/15

363a

Please complete in typescript,
or in bold black capitals.

Annual Return

CHFP010

Company Number

1080540

Company Name in full

BE-WELL (HEALTH, DIETARY & NUTRITIONAL) PRODUCTS

LIMITED

Date of this return

The information in this return is made up
to

Day Month Year

2 7 0 9 2 0 0 4

Date of next return

If you wish to make your next return to a
date earlier than the anniversary of this
return please show the date here.

Companies House will then send a form at
the appropriate time.

Day Month Year

Registered Office

Show here the address at the date of
this return.

20 KING STREET INDUSTRIAL ESTATE, LANGTOFT, DEEPING

Any change of
registered office **must**
be notified on form
287.

Post town

PETERBOROUGH

County / Region

UK Postcode

PE6 9NF

Principal business activities

Show trade classification code number(s)
for the principal activity or activities.

5227

If the code number cannot be determined,
give a brief description of principal

A47
COMPANIES HOUSE0125
15/10/04A56
COMPANIES HOUSE0425
01/10/04

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ
for companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

16 OLD BAILEY

Post town LONDON

County / Region UK Postcode EC4M 7EG

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state where it is kept.

16 OLD BAILEY

Post town LONDON

County / Region UK Postcode EC4M 7EG

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

☐☒☐☐☐☐☐

Please tick the appropriate box

Company Secretary

(Please photocopy this area to provide details of joint secretaries).

* Voluntary details.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Name

* Style / Title

Forename(s)

Surname

Address

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Details of a new company secretary must be notified on form 288a.

TEMPLE SECRETARIAL LIMITED

16 OLD BAILEY

Post town LONDON

County / Region UK Postcode EC4M 7EG

Country

Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name * Style / Title _____

Date of birth

Day	Month	Year
3	0	0 4 1 9 3 4

Forename(s) BRIAN

Surname WELSBY

Address

WHEELWRIGHTS BARN, CROCKET LANE, EMPINGHAM

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town OAKHAM

County / Region RUTLAND

UK Postcode LE15 8PW

Country _____

Nationality BRITISH

Business occupation DIRECTOR

* Voluntary details.

Name * Style / Title _____

Date of birth

Day	Month	Year
0	3	0 1 1 9 6 2

Forename(s) STUART WILLIAM

Surname WILSON

Address

50 POLMUIR ROAD

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town ABERDEEN

County / Region ABERDEENSHIRE

UK Postcode AB11 7RT

Country _____

Nationality BRITISH

Business occupation MANAGER

Issued share capital

Enter details of all the shares in issue at the date of this return.

	Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
ORDINARY		100	£100.00
Totals		100	100.00

List of past and present shareholders

(use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

☒

on paper

in another format

A list of changes is enclosed

☐☐

A full list of shareholders is enclosed


☒☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed


For and on behalf of Temple Secretarial Limited
 † a director / secretary

Date



† Please delete as appropriate.

When you have signed the return send it with the fee to the Registrar of Companies.
 Cheques should be made payable to **Companies House**.

This return includes

1

continuation sheets.

(enter number)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

TEMPLECO CORPORATE SERVICES , 16 OLD BAILEY, LONDON,

EC4M 7EG

Tel 0207 597 6427

BLUEPRINT

2000

DX number 160 DX exchange LONDON CHANCERY LANE

List of past and present shareholders

Schedule to form 363a

CHFP010

Company Number | 1080540

Company Name in full | BE-WELL (HEALTH, DIETARY & NUTRITIONAL)

| PRODUCTS LIMITED

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all the company shareholders on:
 - The company's first annual return following the incorporation;
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Shareholders' details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred <i>(if appropriate)</i>	Date of registration of transfer
Name NDS FOOD HOLDINGS LIMITED Address STATION HOUSE, UPPER TEME BUSINESS PARK, CLEE HILL ROAD, BURFORD, TENBURY WELLS, WORCESTERSHIRE UK postcode WR15 8HB	£1.00 ORDINARY Shares Held 90		
Name BRIAN WELSBY & BLANKA WELSBY FOR DISCRETIONARY SETTLEMENT Address WHEELWRIGHTS BARN, CROCKET LANE, EMPINGHAM, OAKHAM, RUTLAND UK postcode LE15 8PW	£1.00 ORDINARY Shares Held 10		
Name Address UK postcode			