



Companies House
for the record

288b

Please complete in typescript,
or in bold black capitals.

CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

1080540.

Company Name in full

BC - LGHL (HEALTH, DIGITAL + NUTRITIONAL)
PRODUCTS LIMITED

Date of termination of appointment

Day Month Year
01 12 2002

as director

☐

as secretary

☒

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

*Honours etc

Please insert

details as

previously

notified to

Companies House.

Forename(s)

Paul

Surname

ASHTON

†Date of Birth

Day Month Year
24 09 1961

A serving director, secretary etc must sign the form below.

Signed

P.A. Ashton

Date

16/12/02

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



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COMPANIES HOUSE

0465
17/12/02

Form revised 1999