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# ST CHRISTOPHER'S HOSPICE

(Incorporated As A Company Limited by Guarantee And Not Having A Share Capital)

# REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31<sup>ST</sup> MARCH 2002

LD4 \*LP3FR109\*

LD4 \*LF5F COMPANIES HOUSE

0044 29/01/03

Charity Number: 210667 Company Number: 681880

# REPORT AND FINANCIAL STATEMENTS

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

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#### LEGAL AND ADMINISTRATION

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

Patron

HRH Princess Alexandra, The Hon. Lady Ogilvy, GCVO

Founder President

Dame Cicely Saunders, OM, DBE, FRCP

**Vice Presidents** 

Dame Anne Bryans, DBE

Metropolitan Anthony of Sourozh

Dr. Michael Courtenay
Dr. Gillian Ford, CBE
Miss Sheila Hancock, OBE
Mr Richard Hayllar
Mr Bernard Haynes, DFC
Miss P.D. Nuttall, OBE
Mrs Lucie Wallace

Council of Management

Chairman: Sir Ian Mills, KBE ★+

Hon Treasurer: Mr Jonathan Houlton \*†÷

Chairman of the Services Committee: Sir Ian Mills, KBE Chairman of the Resources Committee: Mr. Rodney Bennion \*\*

**Members of Council** 

Lord Bhatia, OBE †

Dame Ann Bowtell, DCB ★ Retired 18th October 2001

Ms Phyllis Cunningham, CBE ★\*

Mr John Detre †

Retired 26<sup>th</sup> April 2001 Retired 26<sup>th</sup> April 2001

Professor Adrian Eddlestone \*

Mr Christopher Farrow \*†
Mr Richard Giordano

Mrs Emily Hutchings ★ Mrs Nola Ishmael, OBE ★

Mr Morgan Jones

Elected 1st December 2001

Mr Barry Kidson ☆

Elected 1st December 2001

Mrs Pat King +

The Very Revd Michael Mayne, KCVO ☆

Mr Colin Sheppard \* Elected 1st December 2001

#### Members of Council Committees

★ Services Committee

♣ Nominations and Remunerations Committee

\* Resources Committee

† Audit Committee

# LEGAL AND ADMINISTRATION (CONTINUED)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

Bankers HSBC Bank plc

123 Chancery Lane London WC2A 1QH

Solicitors Farrer & Co.

66 Lincoln's Inn Fields London WC2A 3LH

Auditors Mazars

24 Bevis Marks London EC3A 7NR

#### REPORT OF THE COUNCIL

### YEAR ENDED 31<sup>ST</sup> MARCH 2002

#### PRINCIPAL ACTIVITY

Mission Statement: "St Christopher's Hospice exists to promote and provide skilled and compassionate palliative care of the highest quality."

St Christopher's works to ensure that all dying people and those close to them have access to appropriate care and support when they need it, wherever they need it and whoever they are. Death must be approached in a way that respects the worth of each individual and that affirms and dignifies life.

Our strategy to achieve this involves:

- Providing flexible, cost effective, individual, holistic, high quality care in our South East London catchment area with a focus on evaluated service innovation
- Establishing partnerships and collaborations with the NHS and other specialist providers, and with users of our services, to improve the provision of care
- Supporting and influencing others through targeted programmes of education and training
- Extending and developing our active programme of international training, links and advocacy, with a special emphasis on developing countries
- Supporting our staff with a sustained programme of professional and management development.

There is still much to be done to improve the care of the dying. Society as a whole remains afraid of death. The standard of support offered to the dying and those close to them is still a major source of complaint about the NHS. Across the UK, inadequate community support means that many can not die at home when this would be their place of choice. The needs of the elderly are neglected and support for those caring for someone who is very ill is often negligible. Children's needs are often ignored through mistaken efforts to protect them. An increased understanding of the need for improvements in pain and symptom control has not been matched by services that recognise that patients are people, and that good care involves support with practical, emotional and spiritual issues and help for family and friends that extends beyond death. A sustained focus on the palliative care needs of those dying from non-cancer related illnesses has been lacking. Two thirds of the world's people with cancer live in developing countries with barely any access to pain and symptom management, let alone expensive curative treatments. The problems are compounded by the AIDS pandemic. It is vital that effective palliative care becomes more available to prevent millions of people each year suffering unnecessarily painful and undignified deaths.

All our care is completely free of charge to all patients and families

#### **MAIN DEVELOPMENTS**

#### Caring when it really counts - what we do

#### Highlights this year:

- > St Christopher's cared for over 1600 dying people
- Our 48 inpatient beds provided 12,259 bed days of care through 860 admissions
- The average cost of an admission was £5,000
- > St Christopher's At Home nurses made over 10,000 home visits
- > On any one day about 500 people were being looked after at home
- > The cost of an average visit to support someone at home was £41

# REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

- > The service is provided 24hrs a day, seven days a week. Over 200 night visits were made
- > The nurses made over 750 bereavement visits
- > Our team of physiotherapists treated over 1,000 people
- An extensive programme of upgrading and refurbishment has increased the number of single rooms with en suite facilities on our wards, responding to patients' wishes for greater privacy
- > We have improved our telephone system with direct dial and voicemail and established internet access for staff.

#### Why it matters

"We were given all the help and comfort that we both needed by the Home Care nurse. She was never in too much of a hurry to listen and suggest anything that might help to add to the treatment my daughter was already receiving. She was a nurse and also a valuable friend and this made all the difference to life at a very difficult time".

"I cannot speak highly enough of the help and care my husband and I received. They made it possible for him to die peacefully at home which is what he wanted".

# Dying individuals are more than bodies with symptoms to be treated

St Christopher's recognises that dying people and those close to them have many needs, questions and issues which are just as distressing as the physical symptoms of their illness. Practical, emotional and spiritual care is about fostering hope, helping people to feel like themselves again, extending their choices and supporting them to do what is important for them in the time that is left. Relationships inevitably come under pressure and many people value support with finding ways to say "I love you", and sometimes to say "I'm sorry". Most struggle with issues of meaning and purpose, "Why am I dying? What difference have I made? What do I tell the children?" Many families find that their income is reduced when someone is very ill and financial worries may come on top of everything else.

#### Highlights this year:

- > Our social workers supported over 850 individuals and their families, children and friends
- > Our welfare officers saw about 750 people to give practical help with everything from benefits and housing to organising pet care
- > Our chaplains made over 800 visits to individuals on our wards
- > They organised 12 thanksgiving and memorial services attended by over 1200 people
- Our psychiatrists offered expert support to 42 individuals experiencing special difficulties with anxiety and depression
- Our Day Centre offered a variety of creative and therapeutic activities from art and pottery, to music and outings to over 500 individuals
- Our team of complementary therapists, many of them volunteers, delivered 875 sessions of therapy such as reflexology and aromatherapy
- Figure Grieving is a natural process, but sometimes people need help. Our team of volunteers, trained and supervised by our social workers, supported over 200 bereaved individuals
- > Over 500 people attended the group bereavement evenings held each month.

#### REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

#### Why it matters

"I shall never be cured but thanks to the Day Centre I am now planning my future with confidence".

"It was almost as if the visitors were patients. They helped us to feel that we were cared for too. It is important to know that someone cares for you when you are watching someone die".

#### Children are our future

The St Christopher's Candle Project offers support to bereaved children and families, often through sudden and unexpected deaths such as road traffic accidents, suicide, murder and heart attack. Candle also works with schools and offers specialist training programmes to a wide variety of professionals.

#### Highlights this year:

#### Candle:

- Responded to over 450 calls from professionals and the public seeking advice
- > Provided support and training to ten local schools
- > Delivered 16 training courses to the Metropolitan Police. Over 700 Family Liaison Officers have now been trained by Candle
- Responded to over 130 referrals for therapeutic bereavement work with children and young people. About a third of the referrals were from minority ethnic communities
- Ran 7 groups for bereaved children and young people, including one for children bereaved through suicide
- Worked with the National Children's Bereavement Network to make a video
- Was advisor to the Government during preparations for the memorial service at Westminster Abbey for the World Trade Centre tragedy

#### Why it matters

"St Christopher's Candle Project advised me to involve my son in the funeral if he felt up to it. So his drawing of the coffin and sunflowers went on to the Order of Service pamphlet and he handed these out to the mourners. He also wrote a poem and read it out loud during the service...... What the Candle Project taught me was simple, but I still needed to learn it, to consult my son about all the important things. Children can cope with death when they have to, but they rely heavily on those around them to come through their experience well".

"Immediately after September 11<sup>th</sup>, Police Family Liaison Officers from all over the country went to New York. They took the Candle booklet "When someone has died suddenly".

#### Supporting our staff

#### Highlights this year:

- > The Hospice has run in-service training to develop IT skills, management and appraisal skills, and a variety of clinical updates
- > Clinical Case Review meetings have been established to enable multi professional discussion of cases from which we can learn for the future
- > Clinical supervision with external supervisors is now available for all nurses.

## REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

# **Involving our Users**

# Highlights this year:

- > We now have a regular User Forum of about 25 patients and carers. This group provides direct face-to-face feedback about our care and enables us to improve its quality
- > We regularly collate questionnaire results from relatives and friends of patients after a death
- We have worked with the National Council for Hospice and Specialist Palliative Care Services to gather user views which will feed into the Nuffield Project on Care of the Dying in the NHS
- > Two people whose partners died under our care ran 8 groups for bereaved parents and carers.

#### Why it matters

"You have to make so many important decisions on your own when you have lost a partner. We have all gone through the same things in one way or another. It's refreshing to find that it's normal. Lots of people think that bereavement goes away, but it doesn't. The group helps us to get on with life".

#### Spreading best practice

Our education programme aims to provide the knowledge and skills people will need for the future to provide high quality care for the dying, within the NHS, hospices or in the developing world. It is focused on the needs of patients, families and carers. Since it opened in 1967 St Christopher's has inspired hospice initiatives in over 90 countries world-wide.

#### Highlights this year:

- > We appointed a new Director of Education and Training
- > Over 60 health care professionals from all over the world attended two multi-professional courses to develop greater confidence in their palliative care skills and team work
- We ran over 50 courses. Many aimed to influence practice in the NHS
- > 17 students from the UK and overseas attended the MSc run jointly between St Christopher's Hospice and King's College London
- > Study days taught in French and Spanish attracted over 70 participants.

### Why it matters

"There has not been a course for me that has been so thought provoking and stimulating. Thank you for sharing your knowledge".

"I have gained so much more than I anticipated. I am going to encourage myself and other staff to prioritise duties so that we can ensure time is spent listening to patients' needs – change can happen and for the better".

#### **Sharing expertise**

#### Highlights this year:

A gift funded bursaries for 10 health care workers from developing countries including Swaziland, Ghana, Albania, Latvia, India and South Africa to attend our multi-professional course and to benefit from 2 week clinical placements at St Christopher's

### REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

- > We delivered training programmes in Russia and Poland. We had doctors and nurses on placement at St Christopher's from Spain, India, Greece and Australia
- > One of our Consultants lectured across the country on palliative care in cardiology
- Regular courses for 4<sup>th</sup> year medical students were held at the Hospice and included a session with patients from the Day Centre. This was the most highly evaluated item in these students' programmes
- > Over 50 trainee GPs attended a study day at St Christopher's

#### Letting others know

### Highlights this year:

- > Our library is unique internationally in the breadth and depth of its collection on hospice and palliative care, bereavement, death and dying. Over 500 people contacted the librarian for advice and information. A further 200 people came to the library from all over the world to use its facilities in person
- > Generous gifts have allowed us to launch our own website (www.stchristophers.org.uk)
- > St Christopher's staff had over 55 articles and chapters published in books and journals and presented posters and made presentations at over 25 conferences world-wide
- A leaflet on breathlessness has been researched and written by a physiotherapist and a nurse at St Christopher's. It has received an enthusiastic response from our users
- > The St Christopher's Candle Project has published "Someone close to you has died" for bereaved young people.

#### Research to improve care

#### Highlights this year:

- In a joint research project, pilot groups for carers run by St Christopher's and Camden and Islington Community Palliative Care Team were evaluated by King's College. The study has helped to define how best to provide support for those coping with the strain of looking after someone who is very ill.
- A study has provided the first substantial evidence that drugs like morphine can be effective for the pain of skin ulcers when applied directly to the skin surface. This pain had proved very difficult to control with painkillers given by mouth
- > St Christopher's is finishing a study mounted collaboratively with the University of Chicago on an innovative new treatment for constipation associated with the use of painkillers
- > We have started an important new study on the impact of the so called "superbug" MRSA on the care of dying patients
- > We are collaborating with King's College Hospital and the Maudsley on a series of research projects concerned with psychological and psychiatric problems in dying people and on the needs of schools in supporting dying children.

#### **HOW DO WE DO IT?**

#### With the invaluable help of our volunteers

- Over 900 volunteers support the work of St Christopher's. They include the Trustees on our Council of Management. They offer all kinds of help from transport for patients to working in our shops
- > This year about 22% of our new starters as volunteers were from minority ethnic communities
- > Every week volunteers contribute about 3400 hours of support
- A group of army and police officers redecorated one of our family flats and a counselling room.

#### REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

### With the support of our communities

Every year we face the challenge to raise about £5m from voluntary sources to fund the hospice's caring work. To do this we rely greatly on our local community support, generous individuals, corporates, trusts and legacies.

#### Highlights this year:

- > The London Flora Marathon raised £25,000 for a van and a minibus
- > Trusts have contributed over £450,000
- > St Christopher's shops raised over £450,000
- > Our Christmas raffle raised £55,000
- > The 2001 Christmas Appeal raised £26,000 to start therapeutic craft activities on our wards
- > Rotary Clubs, churches and many other groups have all made a huge difference. £125,000 raised by the Rotary Clubs of Langley Park and Bromley Sunrise funded our Day Centre for a year
- > The St Christopher's Remembrance Tree raised over £50,000
- A dinner for solicitors, to encourage legacies, was held at Goldsmiths Hall at no cost to the Hospice

#### By working in partnership

- With the NHS:
  - -to secure continuing funding for our services
  - -as members of the NHS Cancer and Palliative and Supportive Care Networks set up nationally as part of the Government's Cancer Plan
  - -on a new initiative to enable GPs to improve out of hours support for dying people at home -to establish rotational posts to allow nurses to experience care of the dying in a variety of settings
- With the Diana Princess of Wales Memorial Fund to alleviate the effects of the HIV/Aids epidemic in the developing world through membership of the Steering Group of their African Palliative Care Initiative
- With other local hospice care providers to deliver education programmes and to produce symptom control guidelines for use in hospital and community settings
- With Help the Hospices to launch a new service, Hospice Information. It brings together the 25 years' experience of St Christopher's in the field and the latest information technology initiatives developed by Help the Hospices and increases access to information about hospice care world-wide for everyone. This year Hospice Information answered over 3500 queries from the general public and professionals world-wide.

#### Why it matters

"None of us would be able to write papers of any sense to persuade our governments if we did not have access to an information service like yours."

# REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

## **HOW ARE WE DOING?**

#### Highlights this year:

- In August 2001, St Christopher's role as a world leader in care for the dying was recognised when it won the prestigious Conrad N. Hilton Humanitarian Award presented annually to an organisation making extraordinary contributions to alleviate human suffering. Dame Cicely Saunders, St Christopher's Founder President, accepted the award on behalf of St Christopher's in New York in the presence of
  - the Secretary General of United Nations, Kofi Annan. The boost of \$1m means that we have been able to extend our education and training programme
- > The St Christopher's Candle Project Parents' Group received second prize in the National Council for Hospice and Specialist Palliative Care Service User Involvement Awards
- A study of user questionnaires revealed that 94% of respondents believe that St Christopher's staff always offer compassionate and understanding care, with 93% believing that care had always been tailored to individual needs.

#### Why it matters

"Coming to St Christopher's was the only positive experience for my father and myself during his illness and I am glad that my father spent the last two days of his life feeling totally cared for and being able to retain his dignity, as was his wish".

#### THE COUNCIL OF MANAGEMENT

The Council of Management, consisting of Trustees named at the front of this report, is responsible for St Christopher's. It is supported by committees covering Resources, Services, Audit and Nominations and Remuneration.

Prospective new Trustees are considered and put forward for election by Council from the Nominations and Remuneration Committee. On 26<sup>th</sup> April 2001, Mr John Detre and Professor Adrian Eddlestone retired from Council, and Dame Ann Bowtell retired on the 18<sup>th</sup> October 2001. Mr Morgan Jones, Mr Barry Kidson and Mr Colin Sheppard were elected to Council on 1<sup>st</sup> December 2001.

In accordance with Articles 35 and 36 of the Articles of Association, the following members retire:

Lord Bhatia Mr J Houlton Mrs E Hutchings Sir Ian Mills Mr A Newell

All offer themselves for re-election.

# REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

#### **RESERVES POLICY**

It has been the policy of Council in the short term, to achieve free reserves (funds not tied up in designated and restricted funds) covering three months running costs. The three-month target was reached during the financial year. To improve both the financial security and the operational flexibility of the Hospice, the Trustees are now working towards achieving nine months free reserves.

At 31st March 2002 St Christopher's had free reserves of £3,868,000 covering 23 weeks running costs.

#### **INVESTMENT POLICY**

The improvement in reserves has resulted in an increase in the level of cash deposits that are held by the Hospice. The trustees have set up a sub-committee of the Resources Committee to formulate an investment policy and strategy, which will provide financial security and stability for the operation of the Hospice whilst maximising available returns.

#### **RISK**

The trustees have produced a Risk Management Review which documents the major risks that the Hospice is exposed to. The trustees can confirm that systems have been established to mitigate the risks identified.

#### **EMPLOYMENT**

St Christopher's is working towards being an equal opportunities employer.

The Hospice operates two pension schemes. The St Christopher's Hospice (1985) Pension Scheme provides benefits based on final pensionable salary. This scheme has now been closed to new members. A Stakeholder Pension Plan is provided for new entrants.

#### STATEMENT OF COUNCIL'S RESPONSIBILITIES

Company law requires the Council to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company as at the end of the financial year and of the surplus or deficit of the company for that period. In preparing those financial statements, the Council is required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- follow applicable accounting standards and
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the company will not continue in business.

The Council is responsible for proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable it to ensure that the financial statements comply with the Companies Act 1985. The Council is also responsible for safeguarding the assets of the company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# REPORT OF THE COUNCIL (continued)

# YEAR ENDED 31<sup>ST</sup> MARCH 2002

#### **AUDITORS**

Mazars Neville Russell were appointed auditors to the company during the financial year. On 1<sup>st</sup> September 2002 our auditors Mazars Neville Russell changed their name to Mazars. In accordance with section 385(2) of the Companies Act 1985, a resolution proposing that Mazars be re-appointed will be put to the Annual General Meeting.

SIGNED ON BEHALF OF THE COUNCIL

sara Mannoe

Barbara Monroe

Chief Executive and Company Secretary

13 September 2002

St Christopher's Hospice 51-59 Lawrie Park Road London SE26 6DZ

Company number: 681880

# INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ST CHRISTOPHER'S HOSPICE

We have audited the financial statements of St Christopher's Hospice for the year ended 31 March 2002. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein, which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Cashflow Statement, and the related notes.

#### Respective responsibilities of directors and auditors

As described in the Statement of Directors' Responsibilities the trustees, who are also the directors of St. Christopher's Hospice for the purpose of company law, are responsible for the preparation of the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act. We also report to you if, in our opinion, the Council's report is not consistent with the financial statements, if the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding directors' remuneration and transactions with the company is not disclosed.

We read the other information contained in the Annual Report, and consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

#### Basis of audit opinion

We conducted our audit in accordance with United Kingdom Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement whether caused by fraud or other irregularity or error. In forming our opinion, we also evaluated the overall adequacy of the presentation of information in the financial statements.

### Opinion

In our opinion the financial statements give a true and fair view of the state of the charitable company's and group's affairs as at 31 March 2002 and of its consolidated incoming resources and application of resources, including its income and expenditure, in the year then ended and have been properly prepared in accordance with the Companies Act 1985.

MAZARS MAZARS CHARTERED ACCOUNTANTS

24 Bevis Marks London EC3A 7NR

and Registered Auditors

20-12-2002

ST. CHRISTOPHER'S HOSPICE
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2002

	Uı	nrestricted funds	Restricted funds	2002 Total	2001 Total
		Iunus	10102	IUIAI	(as restated)
	Notes	£'000	£'000	£'000	£'000
Incoming resources	_				
Donations and gifts	2	2,581	555	3,136	2,878
Legacies		2,856	54	2,910	2,371
Activities in furtherance of the					
Charity's objectives:	_	2 22 5		2.005	2 (1)
National Health Service	3	3,835	72	3,907	3,611
Grants receivable		450	281	281	332
Education, fees and other income		459	9	468	296
Activities for generating funds:		000		202	0.70
Income of trading company	4	999	•	999	979
Investment income		149		149	122
Total incoming resources		10,879	971	11,850	10,589
Less: Costs of generating funds			<del></del>		<del></del>
Fundraising and publicity		477	_	477	400
Expenses of trading company	4	549	_	549	525
Expenses of trading company	7	<del></del>			
		1,026	-	1,026	925
Net incoming resources available		<del></del>	_	<del></del>	
for charitable application		9,853	971	10,824	9,664
·FF					
Charitable expenditure:					
Cost of activities in furtherance of the					
objects of the charity					
Care within hospice		4,256	57	4,313	4,408
Home care/out patients		1,666	67	1,733	1,611
Teaching and research		421	202	623	721
Day centre		200	100	300	267
Nursery		82	_	82	71
Candle Project		14	59	73	74
Grants payable			182	182	179
Support costs		273	11	284	255
Managing and administering the charity		187	-	187	176
Total charitable expenditure		7,099	678	7,777	7,762
Total charitable expenditure			<del></del>		
Total resources expended	6	8,125	678	8,803	8, <b>6</b> 87
•		<del></del>			
Net movement in funds	5	2,754	293	3,047	1,902
Total funds at 1 April – as originally stated		6,268	652	6,920	4,821
Prior year adjustment	1.4	-	-	-	197
Total funds at 1 April – as restated		6,268	652	6,920	5,018
rocai iunus at 1 April – as i estateu			<del></del>		J,016
Total funds at 31 March		9,022	945	9,967	6,920
					-

All transactions are derived from continuing activities. All recognised gains and losses are included in the consolidated statement of financial activities.

# CONSOLIDATED BALANCE SHEET AS AT 31 MARCH 2002

		2002	2001
	Notes	£'000	(as restated) £'000
Fixed assets			
Tangible fixed assets	9	4,122	3,889
Current assets			
Stock		8	8
Debtors	11	573	797
Deposit accounts		5,868	2,421
Cash at bank and in hand		372	936
		6,821	4,162
Creditors: Amounts falling due			
within one year	12	(976)	(1,131)
Net current assets		5,845	3,031
Net assets		9,967	6,920
Funds			
Restricted	14	945	652
Unrestricted:			
General		3,868	2564
Designated Designated	15	5,808 5,209	2,564 3,750
Non-charitable	13	(55)	3,759 (55)
		9,967	6,920
			0,720

The accounts were approved by The Resource Committee on behalf of the Council of Management on 13 September 2002 and signed on their behalf by:

R. Beanion, Chairman of The Resources Committee

Houlton, Honorary Treasurer

# BALANCE SHEET AS AT 31 MARCH 2002

		2002	2001
	Notes	£'000	(as restated) £'000
Fixed assets	1.0005	2 333	2 333
Tangible fixed assets	9	4,119	3,885
Investments	10	100	100
		4,219	3,985
		_	_
Current assets			
Debtors	11	580	878
Deposit accounts		5,868	2,421
Cash at bank and in hand		292	790
		6,740	4,089
Creditors: Amounts falling due			
within one year	12	(937)	(1,099)
Net current assets		5,803	2,990
			<del></del>
Net assets		10,022	6,975
Funds			
Restricted	14	945	652
Unrestricted:			
General		3,868	2,564
Designated	15	5,209	3,759
		10,022	6,975
		<u> </u>	

The accounts were approved by The Resource Committee on behalf of the Council of Management on 13 September 2002 and signed on their behalf by:

R. Renardn, Chairman of The Resources Committee

J. Houlton, Honorary Treasurer

# CONSOLIDATED CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2002

	Note	2002 £'000	2001 £'000
Net cash inflow from operating activities	A	3,273	1,488
Returns on investments			
Interest received		149	122
Taxation			
Corporation tax paid		-	(1)
Capital expenditure			
Purchase of tangible fixed assets		(432)	(54)
Net cash inflow before use of liquid resources and financing	В	2,990	1,555
Management of liquid resources			
Net transfer to money market deposit	ts	-	(1,227)
Financing			
(Out)/inflow on loans	В	(107)	13
Increase in cash	В	2,883	341
			<del></del>

# NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2002

A	Reconciliation of net movement in funds to inflow from operating activities	net cash		
		200 £'00		2001 £'000
		200	00	2 000
	Net movement in funds	3,04	<b>4</b> 7	1,902
	Interest receivable		49)	(122)
	Depreciation charges	19	,	225
	Decrease (increase) in debtors	2:	24	(237)
	(Decrease) in creditors and provisions	(4	48)	(274)
	Decrease (increase) in stocks	`	•	(6)
	Net cash inflow from operating activities	3,2	<del></del> 73	1,488
			_	<u> </u>
В	Analysis of cash			
		At 1 April 2001 £'000	Cash flows £'000	At 31 March 2002 £'000
	Cash at bank and in hand	936	(564)	372
	Deposit accounts	2,421	3,447	5,868
	Net cash	3,357	2,883	6,240
	Loans	(145)	107	(38)

2,990

6,202

3,212

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

### 1 Principal accounting policies

#### 1.1 Basis of accounting

The financial statements are prepared under the historical cost basis and in accordance with the Statement of Recommended Practice ("Accounting and Reporting by Charities"), issued in October 2000 ("SORP 2000"), and with applicable accounting standards. There has been a change in accounting policy in respect of legacy income as set out in note 1.4 below to implement SORP 2000.

#### 1.2 Basis of consolidation

The statement of financial activities and balance sheet consolidate the financial statements of the charity and its wholly owned subsidiary undertaking, S.C.H. Trading Limited, made up to the balance sheet date.

In accordance with Section 230 of the Companies Act 1985, no separate Statement of Financial Activities is presented for the charity.

# 1.3 Fund accounting

Unrestricted funds comprise accumulated surpluses and deficits on general funds. They are available for use at the discretion of the Council in furtherance of the general charitable objectives.

Designated funds are amounts that have been set aside by Council for particular purposes.

Restricted funds are funds subject to specific restricted conditions imposed by donors.

#### 1.4 Incoming resources

Incoming resources represents the total income receivable during the year comprising donations, legacies, grants, fees, interest and other income generated during the year. This is a change in accounting policy in respect of legacies which formerly had been accounted for on a cash basis. The change has been made to implement SORP 2000. The effect of the change is to increase total funds as at 31<sup>st</sup> March 2002 by £374,000 and also increase amounts receivable at that date by the same amount.

The change in policy has led to an increase in legacy income for the year of £148,000. The comparative numbers for 2001 have been restated leading to an increase in legacy income of £29,000. The balance of £197,000 has been added to the total funds at 1<sup>st</sup> April 2000.

#### 1.5 Resources expended

The costs of Hospice care, home care, Candle Project, teaching and research, day centre, nursery, support costs, fundraising and publicity and of administration comprise expenditure both directly and indirectly attributable to the activity. Indirectly attributable costs have been allocated to activities using an appropriate cost allocation basis.

Central overheads are allocated to operational and fundraising functions on the basis of their use of central support services with the aim of ensuring that these costs remaining within administration relate to the management of the charity's assets, organisation administration and compliance with constitution and statutory requirements.

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

# 1 Principal accounting policies (continued)

#### 1.6 Taxation

St. Christopher's Hospice is a registered charity and is exempt from liability to taxation of income and capital. Income tax recoverable in respect of gift aid subscriptions, investment income and legacies is included under the heading to which it relates.

#### 1.7 Depreciation

Depreciation is calculated so as to write off the cost of tangible fixed assets on a straight line basis over the expected useful lives of the assets concerned. The principal annual rates used for this purpose, which are consistent with last year, are:

Leasehold buildings

- over the term of the lease

Freehold buildings
Freehold refurbishments

2% straight line10% straight line

Equipment

- 20% to  $33^{1}/_{3}$ % straight line

#### 1.8 Pension schemes

The Hospice contributes to the St Christopher's Hospice (1985) Pension Scheme, a defined benefit scheme. The pension scheme is administered by trustees and is separate from the Hospice. Independent actuaries complete periodic valuations of the scheme, usually triennially. The cost of pensions is charged to the Statement of Financial Activities over the expected service life of the employees in the scheme. The scheme was closed to new members in July 2001.

A defined contribution scheme was set up on 1<sup>st</sup> September 2001. Contributions in respect of the year are charged to the Statement of Financial Activities.

### 2 Donations and gifts

Unrestricted donations include £689,000 received as an award from the Conrad Hilton Foundation. During the year the sum of £5,000 was spent and the balance of £684,000 was carried forward as a designated fund (note 15).

#### 3 National Health Service

	Unrestricted funds £'000	Restricted funds £'000	Total 2002 £'000	Total 2001 £'000
Health authority contracts	3,571	-	3,571	3,278
Other	14	-	14	3
Education grant	250	_	250	250
Guy's and St. Thomas' Trust	-	72	72	80
	<del></del>		<del></del>	,
	3,835	72	3,907	3,611
		_		

5

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED $31^{\rm ST}$ MARCH 2002

# 4 Results of trading activities of the subsidiary

The Hospice has a wholly owned trading subsidiary SCH (Trading) Limited. The principal activity of SCH (Trading) Limited is the operation of charity shops for the Hospice.

	2002 £'000	2001 £'000
Turnover	942	931
Other income	57	48
Total Income	999	979
	<del></del>	
Administrative expenses	(516)	(504)
Cost of sales	(33)	(21)
Total Expenses	(549)	(525)
		_
Profit for the year	450	454
Payable to St. Christopher's Hospice under		
gift aid	(450)	(454)
Result for the year	<del></del>	-
·	<del></del>	_
Net movement in funds		
	2002	2001
	£'000	£'000
Net movement in funds is stated after charging:		
Auditors' remuneration - Audit fee,		
including £2,000 relating to last year	14	10
Depreciation	199	226
	<del></del>	<del></del>

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

6	Total resources expended					
		Staff costs £'000	Other £'000	Depreciation £'000	Total 2002 £'000	Total 2001 £'000
	Costs of generating funds					
	Fundraising and publicity Expenses of trading activity	346 252	129 297	2	477 549	400 525
		598	426	2	1,026	925
	Charitable expenditure					
	Cost of activities in furtherance of the objects of the charity:					
	Care within hospice	3,258	925	130	4,313	4,408
	Home care/out patients	1,622	93	18	1,733	1,611
	Teaching and research	389	211	23	623	721
	Day centre	210	82	8	300	267
	Nursery	74	6	2	82	71
	Candle Project	63	10	-	73	74
	Grants payable	•	182	-	182	179
		5,616	1,509	181	7,306	7,331
	Support costs	115	169	-	284	255
	Managing and administering		4.5			
	the charity	158	13	16	187	176 ——
		6,487	2,117	199	8,803	8,687

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

7	Staff costs		
		2002 £'000	2001 £'000
	Salaries and wages	5,510	5,487
	Social security costs	442	422
	Pension costs	283	273
	Staff costs of the charity	6,235	6,182
	Staff costs of trading activities	252	260
		6,487	6,442
	The average number of full and part-time employees		<del></del> .
	during the year was:-	Number	Number
	Hospice (includes support staff)	216	227
	Home care/outpatients	35	39
	Teaching and research (includes the Hospice		
	Information Service)	7	10
	Day Centre	7	6
	Nursery	5	5
	Charity shops	13	13
		283	300
	The number of employees whose emolument fell within the band:-		•
	£40,000 to £49,999	1	I
	£50,000 to £59,999	1	1
	£60,000 to £69,999	1	1
	£70,000 to £79,999	3	2

# 8 Council Members' remuneration and reimbursed expenses

No remuneration was paid to members of the Council during the year.

Three trustees received reimbursed expenses for travel totalling £739 (2001; 2 trustees: £549).

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

# 9 Tangible fixed assets

	Freehold land and buildings £'000	Freehold refurbish- ment £'000	Leasehold land and buildings £'000	Equipment £'000	Motor vehicles £'000	Total £'000
Group						
Cost At 1 April 2001 Additions Disposals	4,800	318	156 - -	1,604 68 (9)	247 47 (174)	6,807 433 (183)
At 31 March 2002	4,800	318	156	1,663	120	7,057
<b>Depreciation</b> At 1 April 2001 Amounted provided Disposals	1,094 96	13	102 11	1,487 67 (9)	235 12 (173)	2,918 199 (182)
At 31 March 2002	1,190	13	113	1,545	74	2,935
Net book values At 31 March 2002 At 1 April 2001	3,610		43	118	46	4,122
Charity				<u></u>		
Cost At 1 April 2001 Additions Disposals	4,800 - -	318	156 - -	1,594 68 (9)	225 47 (173)	6,775 433 (182)
At 31 March 2002	4,800	318	156	1,653	99	7,026
Depreciation At 1 April 2001 Amount provided Disposals	1,094 96		102	1,478 67 (9)	216 12 (173)	2,890 199 (182)
At 31 March 2002	1,190	13	113	1,536	55	2,907
Net book values At 31 March 2002	3,610	305	43	117	44	4,119
At 1 April 2001	3,706	-	54	116	9	3,885
				<del></del>	_	

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

# 9 Tangible fixed assets (continued)

The net book value at 31 March 2002 represents fixed assets used for:-

Charitable purposes	Freehold Land and buildings, and freehold refurbishments £'000	Leasehold land and buildings £'000	Equipment £'000	Motor vehicles £'000	Total £'000
Care within Hospice	2,213	_	89	-	2,302
Home care/outpatients	129	-	3	29	161
Teaching and research	1,243	-	3		1,246
Day Centre	131	-	1	-	132
Nursery	90	-	1	-	91
Support services	78	-	15	14	107
Othernous	3,884	-	112	43	4,039
Other purposes					
Shops	31	43	1	1	76
Other	-	-	4	-	4
	3,915	43	117	44	4,119
		_	<del></del>		-,

# 10 Investments

The charity owns all of the 100,000 £1 ordinary shares in SCH (Trading) Limited.

# 11 Debtors

	G	roup	Ch	arity
	2002 £'000	2001 £'000	2002 £'000	2001 £'000
Legacies receivable	374	226	374	226
Prepayments and accrued income	149	526	149	512
Income tax recoverable	50	45	50	45
Amount due from subsidiary undertaking	-		7	95
	<del></del>	- <del>-</del>		
	573	<i>797</i>	580	878

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

# 12 Creditors - Amounts falling due within one year

	G	roup	Ch	arity
	2002 £'000	2001 £'000	2002 £'000	2001 £'000
Trade creditors	142	80	142	80
Payroll taxes and social security	137	131	137	131
Other creditors	149	179	149	180
Unsecured interest free loans	38	145	38	145
Accruals	510	366	471	333
Income received in advance	-	230	-	230
	<del></del> 976	1,131	937	1,099
			<del></del>	-,0>>

# 13 Capital Commitments

The group leases a number of properties and motor vehicles under operating leases. The minimum annual rental under these leases are as follows:

	Land and buildings		Motor vehicles	
	2002	2001	2002	2001
	£'000	£'000	£'000	£'000
Operating leases which expire:				
Within one year	35	11	-	-
In two to five years	39	43	118	-
Over five years	84	112	-	-
		<del></del>		
	158	166	118	-
				_

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED $31^{\rm ST}$ MARCH 2002

# 14 Restricted funds

	Balance 1 April 2001 £'000	Incoming resources £'000	Resources expended £'000	Balance 31 March 2002 £'000
Candle Project	137	4	59	82
Cicely Saunders Research Fund	32	-	32	-
Chapel of Rest	10	-	10	-
Home care service	_	22	22	_
Bridge House Estates Fund	-	45	45	· -
Day Centre service	-	97	97	•
Hospice Walk	119	_	119	
Shop relocation	10	•	10	<del>-</del>
Research Nurse/Methylnaltrexone	3	_	3	-
R&D Consortium – Culyer	82	103	47	138
Specialist Registrar	_	72	72	-
NLCB - Promote	-	182	182	-
Millennium Fund - third world training	g 27	-	19	8
Ward refurbishments	55	198	203	50
Other refurbishments	_	41	6	35
Web site	8	-	8	-
Information services	-	5	5	-
Director of Education and Training	99	15	24	90
Chaplaincy/Poland	-	1	1	-
Golf Day	-	2	2	-
Scarves and Headwear Project	-	3	3	-
Replacement of Minibus and Van	7	39	46	-
Physiotherapy	-	33	_	33
Telephone and e-mail system	-	54	54	-
Library assistant	-	10	-	10
Day Centre service in the wards	-	25	-	25
Prize funds	12	-	-	12
Equipment	51	20	11	60
Funds available for future investment				543
Book value (after depreciation) of investment in freehold refurbishment,				
equipment and motor vehicles	-	-	(402)	402
	652	971	678	945

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED $31^{\rm ST}$ MARCH 2002

# 15 Designated funds

	Balance at 1 April 2001 £'000	New designations (utilised) £'000	Balance at 31 March 2002 £'000
Property Funds available for pension contingency	3,759	(106)	3,653
(see note 17)	_	872	872
Conrad Hilton award	-	684	684
	3,759	1,450	5,209
	<del></del>		

# 16 Analysis of group net assets between funds

	Unrestricted funds £'000	Restricted funds £'000	Total £'000
Tangible fixed assets	3,720	402	4,122
Current assets	6,278	543	6,821
Current liabilities and provisions	(976)	-	(976)
	9,022	945	9,967

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2002

#### 17 Pension schemes

#### a) St Christopher Hospice (1985) scheme

The Hospice operates a pension scheme, the St Christopher's Hospice (1985) Pension Scheme, which provides benefits based on final pensionable salary. The assets of the scheme are held separately from those of the Hospice, and are invested in funds managed by Scottish Life Assurance Society.

Contributions are charged to the Statement of Financial Activities so as to spread the cost of pensions over employees' working lives. The pension charge for the year was £179,000 (2001: £203,000). The contribution of the Hospice and employees for the year were 8% and 4% respectively.

The contribution rates are determined by a qualified actuary on the basis of triennial valuations using the attained age method. The most recent triennial valuation was at 31 March 2001. This showed that the actuarial value of the scheme's assets was £2,703,000 and that this represented 88% of the benefits which had accrued to scheme members. The actuary confirmed that the minimum funding requirement regulations had been met. On the advice of the actuary contributions were increased with effect from 1 April 2002 to 20.9% of pensionable earnings, of which the employer's contributions is 16.9% and the employees' 4%.

In accordance with FRS (Financial Reporting Standard) 17 a further valuation was carried out as at 31 March 2002 on the basis of the following actuarial assumptions:

	31 March 2002 %
Rate of increase in salaries	3.5
Rate of increase in pensions in payment: - service before 6 April 199	7 3.0
- service from 6 April 1997	2.5
Rate of increase in deferred pensions	2.5
Discount rate	6.0
Inflation assumption	2.5

The fair market value of assets in the scheme and the expected rate of return were:

	Long term rate of return expected at 31 March 2002 %	Value at 31 March 2002 £000
Equities Gilts Cash and other	7.0 5.0 5.0	1,760 715
Fair value of fund assets	<del>-</del>	2,475
Present value of scheme liabilities		(3,580)
Surplus/(deficit) in scheme		(1,105)

As shown in note 15, designated funds include the sum of £872,000 in respect of any pension contingency.

#### b) St Christopher defined contribution scheme

This was set up in September 2001. The contribution of the Hospice was 5%.