



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



XLMBEO5M

Received for filing in Electronic Format on the: **11/10/2010**

---

*Company Name:* **JOHN FROST LIMITED**

*Company Number:* **00577146**

*Date of this return:* **15/09/2010**

*SIC codes:* **7499**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **1 THANE ROAD WEST  
NOTTINGHAM  
NG2 3AA**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **DAVID CHARLES GEOFFREY**

*Surname:* **FOSTER**

*Former names:*

*Service Address:* **D90  
1 THANE ROAD WEST  
NOTTINGHAM  
NG90 1BS**

*Company Director*    ***I***

*Type:*                                **Person**  
*Full forename(s):*                **DAVID CHARLES GEOFFREY**

*Surname:*                            **FOSTER**

*Former names:*

*Service Address:*                **D90 1 THANE ROAD WEST  
NOTTINGHAM  
NG90 1BS**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **19/09/1959**                                *Nationality:*    **BRITISH**  
*Occupation:*    **SOLICITOR**

---

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **CHRISTOPHER JAMES**

*Surname:* **GILES**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **19/12/1960** *Nationality:* **BRITISH**

*Occupation:* **ACCOUNTANT**

---

*Company Director*    **3**

*Type:*                                **Person**  
*Full forename(s):*                **PRADIP**

*Surname:*                            **PATEL**

*Former names:*

*Service Address:*                **D90**  
   **1 THANE ROAD WEST**  
   **NOTTINGHAM**  
   **NG90 1BS**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **28/10/1954**                                *Nationality:*    **BRITISH**  
*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

---

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100000</b>
		<i>Aggregate nominal value</i>	<b>100000</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid</i>	<b>1</b>
		<i>Amount unpaid</i>	<b>0</b>

### *Prescribed particulars*

SUBJECT TO ANY RIGHTS OR RESTRICTIONS ATTACHED TO ANY SHARES, ON A SHOW OF HANDS EVERY MEMBER WHO (BEING AN INDIVIDUAL) IS PRESENT IN PERSON OR BY PROXY OR (BEING A CORPORATION) IS PRESENT BY A DULY AUTHORISED REPRESENTATIVE OR BY PROXY. UNLESS THE PROXY (IN EITHER CASE) OR THE REPRESENTATIVE IS HIMSELF A MEMBER ENTITLED TO VOTE, SHALL HAVE ONE VOTE AND ON A POLL EVERY MEMBER SHALL HAVE ONE VOTE FOR EVERY SHARE OF WHICH HE IS THE HOLDER. IN THE CASE OF JOINT HOLDERS THE VOTE OF THE SENIOR WHO TENDERS A VOTE, WHETHER IN PERSON OR BY PROXY, SHALL BE ACCEPTED TO THE EXCLUSION OF THE VOTES OF THE OTHER JOINT HOLDERS; AND SENIORITY SHALL BE DETERMINED BY THE ORDER IN WHICH THE NAMES OF THE HOLDERS STAND IN THE REGISTER OF MEMBERS. A MEMBER IN RESPECT OF WHOM AN ORDER HAS BEEN MADE BY ANY COURT HAVING JURISDICTION (WHETHER IN THE UNITED KINGDOM OR ELSEWHERE) IN MATTERS CONCERNING MENTAL DISORDER MAY VOTE, WHETHER ON A SHOW OF HANDS OR ON A POLL, BY HIS RECEIVER, CURATOR BONIS OR OTHER PERSON AUTHORISED IN THAT BEHALF APPOINTED BY THAT COURT, AND ANY SUCH RECEIVER, CURATOR BONIS OR OTHER PERSON MAY, ON A POLL, VOTE BY PROXY. EVIDENCE TO THE SATISFACTION OF THE DIRECTORS OF THE AUTHORITY OF THE PERSON CLAIMING TO EXERCISE THE RIGHT TO VOTE SHALL BE DEPOSITED AT THE OFFICE, OR AT SUCH OTHER PLACE AS IS SPECIFIED IN ACCORDANCE WITH THE ARTICLES FOR THE DEPOSIT OF INSTRUMENTS OF PROXY, NOT LESS THAN 48 HOURS BEFORE THE TIME APPOINTED FOR HOLDING THE MEETING OR ADJOURNED MEETING AT WHICH THE RIGHT TO VOTE IS TO BE EXERCISED AND IN DEFAULT THE RIGHT TO VOTE SHALL NOT BE EXERCISABLE. NO MEMBER SHALL VOTE AT ANY GENERAL MEETING OR AT ANY SEPARATE MEETING OF THE HOLDERS OF ANY CLASS OF SHARES IN THE COMPANY, EITHER IN PERSON OR BY PROXY, IN RESPECT OF ANY SHARE HELD BY HIM UNLESS ALL MONEYS PRESENTLY PAYABLE BY HIM IN RESPECT OF THAT SHARE HAVE BEEN PAID. ON A POLL VOTES MAY BE GIVEN EITHER PERSONALLY OR BY PROXY. A MEMBER MAY APPOINT MORE THAN ONE PROXY TO ATTEND ON THE SAME OCCASION. DIVIDENDS SUBJECT TO THE PROVISIONS OF THE ACT, THE COMPANY MAY BY ORDINARY RESOLUTION DECLARE DIVIDENDS IN ACCORDANCE WITH THE RESPECTIVE RIGHTS OF THE MEMBERS, BUT NO DIVIDEND SHALL EXCEED THE AMOUNT RECOMMENDED BY THE DIRECTORS. WINDING UP IF THE COMPANY IS WOUND UP, THE LIQUIDATOR MAY, WITH THE SANCTION OF A SPECIAL RESOLUTION OF THE COMPANY AND ANY OTHER SANCTION REQUIRED BY THE ACT, DIVIDE AMONG THE MEMBERS IN SPECIE THE WHOLE OR ANY PART OF THE ASSETS OF THE COMPANY AND MAY, FOR THAT PURPOSE, VALUE ANY ASSETS AND DETERMINE HOW THE DIVISION SHALL BE CARRIED OUT AS BETWEEN THE MEMBERS OR DIFFERENT CLASSES OF MEMBERS. THE LIQUIDATOR MAY, WITH THE LIKE SANCTION, VEST THE WHOLE OR ANY PART OF THE ASSETS IN TRUSTEES UPON SUCH TRUSTS FOR THE BENEFIT OF THE MEMBERS AS HE WITH THE LIKE SANCTION DETERMINES, BUT NO MEMBER SHALL BE COMPELLED TO ACCEPT ANY ASSETS UPON WHICH THERE IS A LIABILITY.

---

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100000</b>
		<i>Total aggregate nominal value</i>	<b>100000</b>

---

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 15/09/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : **100000 ORDINARY shares held as at 2010-09-15**  
*Name:* **AB DORMANTS LIMITED**

---

### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.