



Companies House
for the record

288a

Please complete in typescript,
or in bold black capitals.

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHWP000

Company Number

391957

Company Name in full

FREIGHT TRANSPORT ASSOCIATION

Date of
appointment

Day Month Year
2 6 0 4 2 0 0 5

†Date of
Birth

Day Month Year
1 9 0 4 1 9 5 8

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME

*Style / Title

MR

*Honours etc

Forename(s)

JOHN

Surname

COGHLAN

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential
address

1 LANGLEY GROVE

Post town

NEW MALDEN

Postcode

KT3 3AL

County / Region

SURREY

Country

ENGLAND

†Nationality

IRISH

†Business occupation

DEPUTY CHIEF EXEC

†Other directorships
(additional space overleaf)

EXEL PLC

Consent signature

J Coghlán

Date

12/5/05

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

A

Date

12/5/05

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record..

R S NOLAN, FREIGHT TRANSPORT ASSOCIATION

HERMES HOUSE, ST JOHN'S ROAD, TUNBRIDGE WELLS

KENT TN4 9UZ

Tel 01892 526171

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2



A19
COMPANIES HOUSE

0437
14/05/05

Form April 2002

Company Number 391957

† Directors only.

† Other directorships

EXEL HOLDINGS LTD

EXEL INTERNATIONAL HOLDINGS LTD

MARKEN LTD

OCEAN OVERSEAS HOLDINGS LTD

PLEASE SEE SEPARATE SHEET FOR OTHER DIRECTORSHIPS

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Company Number	391957
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Other directorships (cont'd)	EXEL INVESTMENTS LTD
	TRADETEAM LTD
	TIBBETT & BRITTEN GROUP PLC
	EXEL PENSIONS INVESTMENT FUND LTD
	EXEL TRUSTEES LTD
	MARKEN TIME CRITICAL EXPRESS LTD
	TIBBETT & BRITTEN PENSION TRUST LTD
	YELL GROUP PLC