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Please complete in typescript, or in bold black capitals.

Form revised March 1995

Appointment of director or secretary

Company Number	308329							
Company Name in ful	J. H. LAKE & COMPANY LIMITED							
<i>^</i>	Day Month Year							
Appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.							
form NAME *Style / Title	*Honours etc							
Notes on completion appear on reverse. Forename(s)	ename(s) SECRETARIAL CO. (1996) LIMITED							
Surname								
Previous Forename(s)	Previous Surname(s)							
Usual residential address	NEWSPAPER HOUSE, TEST LANE, REABLIAGE							
Post town	SOUTHAMPTON Postcode SO16 954							
County / Region	HAMPSHIRE Country							
[†] Nationality	†Business occupation							
†Other directorships (additional space overleaf)	WEST OF ENGLAND PUBLICATIONS LIMITED I consent to get as ** director / secretary of the above named company							
* Voluntary details. † Directors only.	Duty Authorises for Secretarial Co. (1996) LTD A director, secretary etc must sign the form below.							
Signed	Mus 7/10/10 Date 17.09.96							
** Please delete as appropriate	(**a director / secretary / administrative receiver / receiver manager / receiver)							
ASE give the name, address, phone number and, if available, ox number and Exchange of person Companies House should								
contact if there is any query.	DX number 2 DX exchange SOUTH 2007 1							
A29 *AFUDQPHS* 276 COMPANIES HOUSE 03/10/96	When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or							

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

	Company Number		 		
† Directors only.	†Other directorships		 	 <u></u>	
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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.