In accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director

This form is part of the PROOF scheme. If your company is registered for PROOF, paper versions of this form will be rejected and sent back to the registered office address. Avoid unnecessary rejection and file online. You can view your company's PROOF status on the WebFiling Menu Screen.



You can use the WebFiling service to file this form online Please go to www.companieshouse.gov.uk

What this form is for You may use this form to appoint an individual as a director What this form is NOT for You cannot use the form to ap a corporate director To do this please use form APO2 'Appoin of corporate director'



"AUUEOM9V*
A03 04/08/2010
COMPANIES HOUSE

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1	Company details	
Company number	1 2 4 8 3 9	→ Filling in this form Please complete in typescript or in
Company name in full	Freezwest Limited	bold black capitals
		All fields are mandatory unless specified or indicated by *
2	Date of director's appointment	
Date of appointment	$\begin{bmatrix} d \\ 1 \end{bmatrix} \begin{bmatrix} d \\ 9 \end{bmatrix} \begin{bmatrix} m \\ 0 \end{bmatrix} \begin{bmatrix} m \\ 7 \end{bmatrix} \begin{bmatrix} \gamma_2 \\ \gamma_0 \end{bmatrix} \begin{bmatrix} \gamma_1 \\ \gamma_0 \end{bmatrix} \begin{bmatrix} \gamma_1 \\ \gamma_0 \end{bmatrix}$	
3	New director's details	⊕ Former name(s)
Title*	Mr	Please provide any previous names which have been used for business
Full forename(s)	Rupert Henry Conquest	purposes in the past 20 years Married women do not need to give
Surname	Nichols	former names unless previously used for business purposes
Former name(s) •		Continue in section 6 if required
Country/State of residence	England	Country/State of residence This is in respect of your usual residential address as stated in Section 4a
Nationality	British	
Date of birth	1 1 0 8 1 9 4 9	Business occupation If you have a business occupation, please enter here. If you do not, please leave blank
Business occupation (if any) (if any)	Couldny forward	
4	New director's service address O	
	Please complete your service address below You must also complete your usual residential address in Section 4a	O Service address This is the address that will appear
Building name/number		on the public record This does not have to be your usual residential address
Street	The Company's Registered Office	Please state 'The Company's
		Registered Office' if your service address is recorded in the company's
Post town		register of directors as the company's registered office
County/Region		If you provide your residential
Postcode		address here it will appear on the public record
Country		

AP01

Appointment of director

5	Signatures	
	I consent to act as director of the above named company	O Societas Europaea
New director's signature	Signature X	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership
Authorising signature	Signature X This form may be signed and authorised by Director •, Secretary, Person authorised •, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor	Person authorised Under either section 270 or 274 of the Companies Act 2006
6	Additional former names (continued from Section 3)	
Former names •		Additional former names Use this space to enter any additional names.

Prese

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record

Contact name		
Company name TDG (UK) Limited		
Address TDG Headquarters, Euroterminal,		
Westinghouse Road, Trafford Park		
Post town Manchester		
County/Region		
Postcode M 1 7 1 P Y		
Ceuntry		
DX		
Telephone		

Checklist

We may return forms completed incorrectly or

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have provided a business occupation if you have one
- You have provided a correct date of birth
- ☐ You have completed the date of appointment
- You have completed the nationality box in Section 3
- You have provided both the service address and the usual residential address
- Addresses must be a physical location They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number
- You have included all former names used for business purposes over the last 20 years
- You have enclosed a relevant section 243
 application if applying for this at the same time as
 completing this form
- The new director has signed the form
- You have provided an authorising signature

Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses

■ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE

Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enguiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk