



B
900296
61365X91

363a

Annual Return

Company Number 32491

Company Name in full Guardian Health Limited



* F 3 6 3 A C 5 0 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

31 05 98

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

31 05 99

Registered Office (See note 3)

Show here the address at the date of this return.

Royal Exchange

Any change of registered office must be notified on form 287.

Post town

London

County / Region

Postcode

EC3V 3LS

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

6603

If the code number cannot be determined, give a brief description of principal activity.



A11 *A09AJ6ZH* 125
COMPANIES HOUSE 12/06/98

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

Royal Exchange

London

Postcode EC3V 3LS

Register of Debenture holders

(See note 6)

If the register of members is not kept at the registered office, state here where it is kept.

Post town
County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 1-5)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Details of a new company secretary must be notified on form 288a

* Honours etc

M.A.

John Reginald William

Clayton

Matley House

Grange Lane

Little Dunmow

County / Region

Essex

Postcode

CM6 3HY

Country

England

Usual residential

address must be given. In the case of a corporation, give the registered or principal office address.

Directors (See notes 1-5)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc	F.C.I.S.	Date of birth	09	08	44	
Forename(s)	James Thomas						
Surname	Estell						
Previous forename(s)							
Previous surname(s)							
Address	Mayfield						
	2 Orchard View						
	Rolvenden Road						
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	Benenden					
	County / Region	Kent ✓	Postcode	TN17 4EH			
	Country	England	Nationality	British			
Business occupation	Managing Director-Gdn Health Ltd						
Other directorships	(See continuation sheet).						

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc	B.Sc., A.R.C.S., F.I.A.	Date of birth	22	04	50	
	Forename(s)	Peter William						
	Surname	Mason						
	Previous forename(s)							
	Previous surname(s)							
	Address	81 Ashley Road						
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	Epsom ✓						
	County / Region	Surrey ✓	Postcode	KT18 5BN				
	Country	England	Nationality	British				
Business occupation	Insurance Official							
Other directorships	(See continuation sheet).							

Issued share capital (See notes 9)

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share)
Ordinary Shares of £5.00 each	3,600,000	£18,000,000.000
Totals	3,600,000	£18,000,000.000

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper

in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

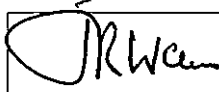
☒

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☒
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed



Date

5-6-98

† Please delete as appropriate.

† a director / secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to Companies House.

This return includes

2

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

M D Chapman (Mrs)
Legal & Secretariat
Guardian Royal Exchange plc
Civic Drive
Ipswich
IP1 2AN
Direct Telephone: 01473 202372
Direct Fax: 01473 202376

Directors (Continued)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc	F.I.A.	Date of birth	24	06	50	
	Forename(s)	Alan James					
	Surname	Oddie					
	Previous forename(s)						
	Previous surname(s)						
Address	The Dove House						
	The Avenue						
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	Aspley Guise ✓					
	County / Region	Bedfordshire	Postcode	MK17 8HH			
	Country	England	Nationality	British			
	Business occupation	Actuary					
	Other directorships	(See continuation sheet).					

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc		Date of birth				
		Forename(s)						
		Surname						
		Previous forename(s)						
		Previous surname(s)						
	Address							
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town							
	County / Region		Postcode					
	Country		Nationality					
	Business occupation							
	Other directorships							

Company Number 32491

Company Name in full Guardian Health Limited

Past directorships for James Thomas Estall

Healthcard Limited (12-Jan-1994)

Mancar Limited (06-Oct-1993)

Current directorships for Peter William Mason

Hambro Assured Care plc

Hambro Assured plc

Hambro Countrywide PLC

Past directorships for Alan James Oddie

M&G Assurance Group Limited (12-Mar-1996)

M&G Financial Services Limited (01-Apr-1996)

M&G Group plc (01-Apr-1996)

M&G Life Assurance Company Limited (01-Apr-1996)

M&G Limited (01-Apr-1996)

M&G Pensions & Annuity Company Limited (01-Apr-1996)

M&G Securities Limited (01-Apr-1996)

**List of past and present members
Schedule to form 363a and 363b**

Company Number 32491

Company Name in full Guardian Health Limited

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
GRE Nominee Shareholdings Limited				
Royal Exchange, London, EC3V 3LS, England				
Ordinary Shares of £5.00 each	1			
Guardian Insurance Limited				
Royal Exchange, London, EC3V 3LS, England				
Ordinary Shares of £5.00 each	3,599,999			