



BLUEPRINT
Company Secretary

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or
change of particulars (use Form 288c))

Company Number **32491**

Company Name in full **Guardian Health Limited**



* F 2 8 8 A C 5 0 *

Date of appointment	Day	Month	Year	†Date of Birth	Day	Month	Year
	22	03	99		08	12	39

Appointment as director



as secretary



Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Appointment form

NAME *Style / Title

*Honours etc

Forename(s)

Robert John

Surname

Challens

Previous Forename(s)

Previous Surname

Usual residential

7 Sherborne Gardens

Ealing

Post town

London

Postcode

W13 8AS

County / Region

Country

England

† Nationality

British

† Business occupation

Director

† Other directorships
(additional space overleaf)

(See continuation sheet).

I consent to act as ** director / ~~secretary~~ of the above named company

* Voluntary details.
† Directors only.

Consent Signature

[Signature]

Date

19-4-99

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

19-4-99

(**a director / secretary / administrator / administrative receiver / receiver-manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query

M D Chapman (Mrs)
Legal & Secretariat
Guardian Royal Exchange plc
Civic Drive
Ipswich
IP1 2AN
Direct Telephone: 01473 202372
Direct Fax: 01473 202376



A35 *AQV7EFRM* 561
COMPANIES HOUSE 24/04/99

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Company Number**32491**

† Directors only.

† Other directorships

Current Directorships for Robert John Challens**Family Health Plan Limited (In Members' Voluntary Liquidation)****PPP healthcare foundation limited****PPP/Columbia healthcare holdings limited****Past Directorships for Robert John Challens****Themes International Plc (wef Jan 92 in receivership) (19-Mar-1996)****NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.