



**BLUEPRINT**  
Company Secretary

# 288b

**RESIGNATION of director or secretary**  
(NOT for appointment (use Form 288a) or change  
of particulars (use Form 288c))

Company Number

32491

Company Name in full

Guardian Health Limited



\* F 2 8 8 B C 5 0 \*

**Resignation  
Form**

Date of resignation

Day Month Year  
30 09 96

Resignation as director

☒

as secretary

Please mark the appropriate box. If resignation  
is as a director and secretary mark both boxes.

NAME \*Style / Title

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

Michael Howard

Surname

Tripp

† Date of birth

Day Month Year  
04 05 55

If cessation is other than  
resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed

☒

☒

Date

14-10-96

\* Voluntary details.

† Directors only.

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

(by a serving ~~director~~ / secretary / ~~administrator~~ / ~~administrative receiver~~ / ~~receiver manager~~ / ~~receiver~~)

Legal & Secretariat

Guardian Royal Exchange plc  
Civic Drive  
Ipswich  
IP1 2AN

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When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh