

Terminating appointment as director or

secretary

Please complete in typescript, or in bold black capitals. CHFP010

**Company Number** 

Company Name in full

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

| 32491    |        |         | <br> |      | <br> |
|----------|--------|---------|------|------|------|
| Guardian | Health | Limited |      |      |      |
|          |        |         |      | <br> |      |
|          |        |         | <br> | <br> |      |

|  |                  | Day   | Month    | Year        |               |       |   |
|--|------------------|-------|----------|-------------|---------------|-------|---|
| Date of termination                        | n of appointment | 2 8   | 0 4      | 2 0 0 0     | 4             |       |   |
| as director                                |                  | Х     | <u> </u> | s secretary |               |       | priate box. If terminating<br>tor and secretary mark both |
| NAME                                       | * Style / Title  | Mr    |          |             | * Honours etc | B.A., | A.C.I.B.  |
| Please insert details as                   | Forename(s)      | Denni | S        |             |               |       |   |
| previously notified to<br>Companies House. | Surname          | Holt  |          |             |               |       |   |
|  |                  | Day   | Month    | Year        | _             |       |   |
|  | † Date of Birth  | 2 8   | 1,0      | 1 9 4       | 8             |       |   |

A serving director secretary etc must sign the form below.

| * | Voli | intary | details. |
|---|------|--------|----------|

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

|      | No. of Street | 22                 | Mu.                  | 1.0     |         |            |           |                        |                  |
|------|---------------|--------------------|----------------------|---------|---------|------------|-----------|------------------------|------------------|
|      |               | 7                  |                      |         |         |            |           |                        |                  |
| ** s | erving        | v <del>eirec</del> | <del>:tor/</del> sed | cretary | adminis | trator/adr | ninistrat | <del>live receiv</del> | <del>er/re</del> |

ceiver-manager/receiver)

| MXA UK plc,  | Group Company Secretary's Department, |
|--------------|---------------------------------------|
| 107 Cheapsid | e, EC2V 6DU, London                   |
|              | Tel                                   |
| DX number    | DX exchange                           |

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales

Signed

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh for companies registered in Scotland



<sup>†</sup> Directors only.

<sup>\*\*</sup> Delete as appropriate.